

## **THE GOLD COAST DRUG COUNCIL INC.**

A non-profit, non-government organisation, that offers support services to anyone experiencing problems with drugs and alcohol, or both. The following services are available:

### **MIRIKAI THERAPEUTIC COMMUNITY**

Mirikai, Aboriginal for “a place of peace”, is a specialist alcohol and other drug treatment program which works on a Therapeutic Community model. Its goal is to enhance the capacity and commitment of clients to achieve and maintain an optimal level of personal and social functioning free from harmful drug use. Participants in the Mirikai program are young people, aged 16 to 29 years old.

### **OASIS**

This service offers transitional housing that supports young people preparing to re-enter the community. The houses provide a safe and supportive environment to clients who include graduates of Mirikai, as well as young people, aged 17 to 29, who have a history of drug dependence, sometimes with additional mental health problems.

### **DRUG COURT PROGRAM**

This program helps drug dependent offenders to deal with their addiction(s) by combining treatment services, correctional programs, and frequent drug testing, with supervision by the Courts. Services for Drug Court clients include the Mirikai Therapeutic Community, supported accommodation and out-client services.

### **QIDDI**

The Queensland Illicit Drug Diversion Initiative offers professional health interventions as an alternative to the criminal justice system. It

is designed for people arrested for first-time minor drug offences and provides offenders with an opportunity and an incentive to address their drug use early.

### **PERSONAL SUPPORT PROGRAM**

The PSP Program supports individuals as they begin the process of addressing their medical, psychological and social problems. This embraces issues that both preclude them from rejoining the workforce and impact on other areas of their lives. Clients are aged between 16 to 60 years old, currently in receipt of income support and find it difficult to become part of the workforce.

### **FAMILY SUPPORT PROGRAM**

This program assists family members, couples, partners as well as friends of young people with alcohol and drug-related problems. The aim of the programme is two-fold: to help the clients support the troubled young person and to assist clients in self-care. The service offers individual, couple, family and group counselling sessions.

### **YOUTH OUTREACH PROGRAM**

This program promotes the well-being and health of young people aged 12 to 25, who are experiencing interpersonal and social functioning problems related to drug use. The service includes counselling, psycho-education and the D.R.A.S.T.I.C. arts-based therapeutic group, all within a harm-minimisation model. It is specifically targeted at young people who are at risk of misusing drugs, experimenting, or for those already addicted.

### **YOUTH DUAL DIAGNOSIS PROGRAM**

The program supports young people, 12 to

25 years of age, who have substance abuse and mental health problems. These clients, for a variety of reasons, often find it difficult to access the mainstream psychiatric, alcohol or drug services.

### **PARENTS, KIDS & DRUGS**

This five week program is an opportunity for parents to increase both their knowledge and skills, to help them manage alcohol and drug related issues, within their families.

### **FAMILY & FRIENDS SUPPORT GROUP**

This group offers support and encouragement to families and friends, as well as providing mechanisms to reduce the stress, anxiety and guilt they experience when people close to them are experimenting with drugs. Emphasis is placed on strategies for improved self-care and maintenance of other relationships.

### **EARLYBIRDS SUPPORT GROUP**

This weekly group supports people in the early stages of recovery from drug addiction. This group offers an opportunity for clients to express their problems and feelings in a supportive environment.

### **STOP POT**

A five week educational and supportive group for current cannabis users.

### **SUPERVISED URINARY TESTING**

Conducted Mondays, Wednesdays & Fridays 3pm to 5pm.

### **DRUG AWARENESS COURSE**

An eleven week course presented by experts in the drug and alcohol field, covering areas such as illicit drugs, prescription drugs and alcohol.

# PROGRAMS & SERVICES

## RESIDENTIAL PROGRAMS

Mirikai Therapeutic Community Program

Outreach Accommodation Support and Integrated Services (OASIS)

Drug Court Program

Drug Court Supported Accommodation Program (MISO)

## OUT-CLIENT PROGRAMS

Personal Support Program (PSP)

Drug Court Day Therapeutic Community Program

Queensland Illicit Drug Diversion Initiative (QIDDI)

Youth Outreach Program

DRASTIC Program

Youth Dual Diagnosis Support Program

Family Therapy Program

Parents Kids & Drugs Program

## OUT-CLIENT SERVICES

Family & Friends Support Group

Earlybirds Support Group

Stop Pot

Supervised Urinary Testing (UT)

## HEALTH EDUCATION

Drug Awareness Course

### **HOW TO GET HERE:**

Surfside Bus Lines run from Pacific Fair to West Burleigh Shopping Centre on Route Number 25 departing at:

**Morning** 7:55 8:23 9:30 12:00 1:05 3:03 3:55  
**Afternoon:**

Surfside Bus Lines run from the Pines Shopping Centre to West Burleigh Shopping Centre on Route Number 7 departing at:

**Morning** 8:52 9:15 10:21 12:51 1:56 4:16 4:47  
**Afternoon**

### **HOW TO LEAVE HERE:**

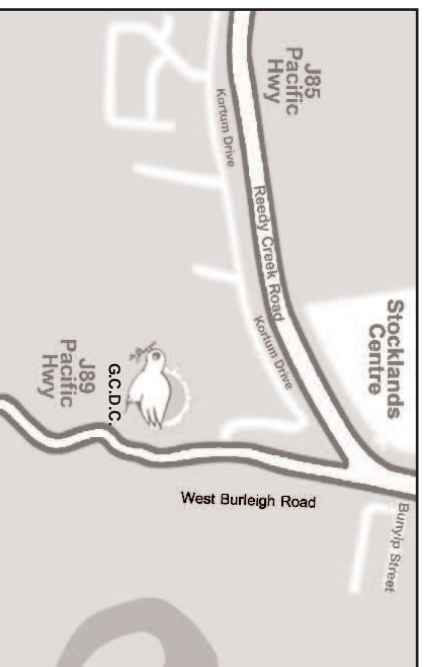
Surfside Bus Lines run from West Burleigh Shopping Town to Pacific Fair on Route Number 25 departing at:

**Morning** 7:34 8:29 9:29 10:29 11:29 12:29 1:29 2:29  
**Afternoon**

Surfside Bus Lines run from West Burleigh Shopping Town to the Pines Shopping Centre on Route Number 7 departing at:

**Morning** 8:06 9:02 10:02 11:02 12:02 1:02 2:02 3:02  
**Afternoon**

For additional times and routes, please phone **TRANSINFO** on **131230**, or visit the web site at [www.translink.com.au](http://www.translink.com.au).



# Programs & Services

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