

# CAREGiver Services

Here's a look at a wide variety of services we can provide. As your CAREGiver gets to know you, this list grows to include activities and support unique to your own needs.

## Personal Care Services

- Help with washing or showering
- Assist with dressing and personal grooming
- Help with managing incontinence care
- Assist with eating
- Assist with mobility and walking
- Escorting to appointments, shopping or social outings
- Assistance with communication
- Dementia or Alzheimer's Care
- Respite or Convalescence Care

## Home Helper Services

- Plan meals
- Prepare meals
- Prepare grocery list
- Monitor diet and eating
- Monitor food expiry dates
- Prepare future meals
- Record/arrange recipes
- Light housekeeping
- Take out rubbish
- Organise and clean cupboards
- Make beds and change linen
- Laundry and ironing
- Drop off/pick up dry cleaning
- Supervise home maintenance
- Oversee home deliveries
- Care of plants
- Assist with pet care
- Assist with entertaining
- Pick up prescriptions
- Medication reminders
- Assist with airport and travel needs
- Provide companionship and conversation
- General shopping
- Participate in crafts
- Discuss current events
- Discuss historical events
- Record family history
- Reminisce about the past
- Play mind stimulating games

Services may vary by individual  
Home Instead Senior Care office location



### NORTHERN SYDNEY & NORTHERN BEACHES

Unit 4, Ground Floor

19-23 Bridge Street

Pymble NSW 2073

Tel: (02) 9144 2322

Fax: (02) 9144 2333

[syd.northern@homeinstead.com.au](mailto:syd.northern@homeinstead.com.au)

### EASTERN SUBURBS

Suite 2106, Tower 1

520 Oxford Street, PO Box 331

Bondi Junction NSW 1355

Tel: (02) 9387 4800

Fax: (02) 9387 2228

[syd.east@homeinstead.com.au](mailto:syd.east@homeinstead.com.au)

### NORTH WEST SYDNEY

Level 1, Suite 4

53-55 Gladesville Road

Hunters Hill NSW 2110

Tel: (02) 9816 1599

Fax: (02) 9816 1597

[syd.northwest@homeinstead.com.au](mailto:syd.northwest@homeinstead.com.au)

Each Home Instead Senior Care franchise office is independently owned and operated. You can find a local Home Instead Senior Care office near you in more than 850 locations throughout Australia, New Zealand, the United Kingdom, Ireland, Portugal, Japan, Spain, Taiwan, Finland, Switzerland, Germany, Austria, South Korea, Canada and the United States.



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*With a  
little help  
from  
a friend.*



**Trusted Care to  
Keep You Safe at Home.**

# Trusted Care

Extraordinary  
Caring  
Compassionate

## Support That Suits Your Lifestyle

There are so many things that make the place you call home special. But it is how you live your life that is most special to us. That is why Home Instead Senior Care would like to provide you with one-on-one non-medical assistance for the daily living activities that aren't as easy as they used to be. **Home Instead CAREGivers can help you live an independent lifestyle in your own home for as long as possible.**

From a few hours a day, up to 24 hours – seven days a week, including weekends and holidays – Home Instead CAREGivers can assist you with some or all of the following services:

- Personal Care
- Companionship
- Light Housekeeping
- Meal Preparation
- Medication Reminders
- Transport for Appointments, Shopping or Errands
- Respite and Convalescence Care
- Early Stages Dementia and Alzheimer's Care

These services are offered through an independently owned and operated franchise office with staff and CAREGivers who are responsive to your needs and engaged in our community.



## A Resource You Can Trust

Our dependability, quality of care and accountability have earned Home Instead Senior Care a deep level of trust with our clients, their family members and thousands of health, medical and social organisations throughout the world. **We have provided affordable care to over 1 million clients, many of whom tell us their CAREGiver made the difference for them between counting the years and living them.**

Because family members can't always be there, we take great pride in making sure your CAREGiver is the next best thing. It begins with trust. Because of this, **only the most trusted and passionate CAREGivers are selected.**

We personally introduce you to CAREGivers who are:

- Thoroughly Screened
- Trained and Insured
- Matched to Your Preferences
- Professional
- Reliable and Dependable

We thoroughly check the background of our CAREGivers including obtaining six references and completing a successful criminal background check.

As their employer, we handle all the responsibilities for their taxes, superannuation, workers compensation, insurance and scheduling.

## Dedicated to Training and Education

The dedication to helping people like you is what sets Home Instead CAREGivers apart. **Each Home Instead CAREGiver undertakes a multi-phased training program that helps them become extraordinary CAREGivers.** You can rest assured they understand the needs of older people, know how to respond to unique situations and have learned techniques to manage challenges such as memory loss with a sensitive touch. To ensure the relationship with your CAREGiver is meeting and exceeding expectations, **we personally conduct quality assurance visits.**

## We Can Assist You When You Are Ready

Whether you'd like help for a few hours a day or need us 24 hours a day, a CAREGiver is available to you. Our responsive staff are on call to quickly accommodate your request for service. So, we invite you to accept some extra help. **Let us help you live the life you want. Contact our team today for a free, no obligation consultation.**

