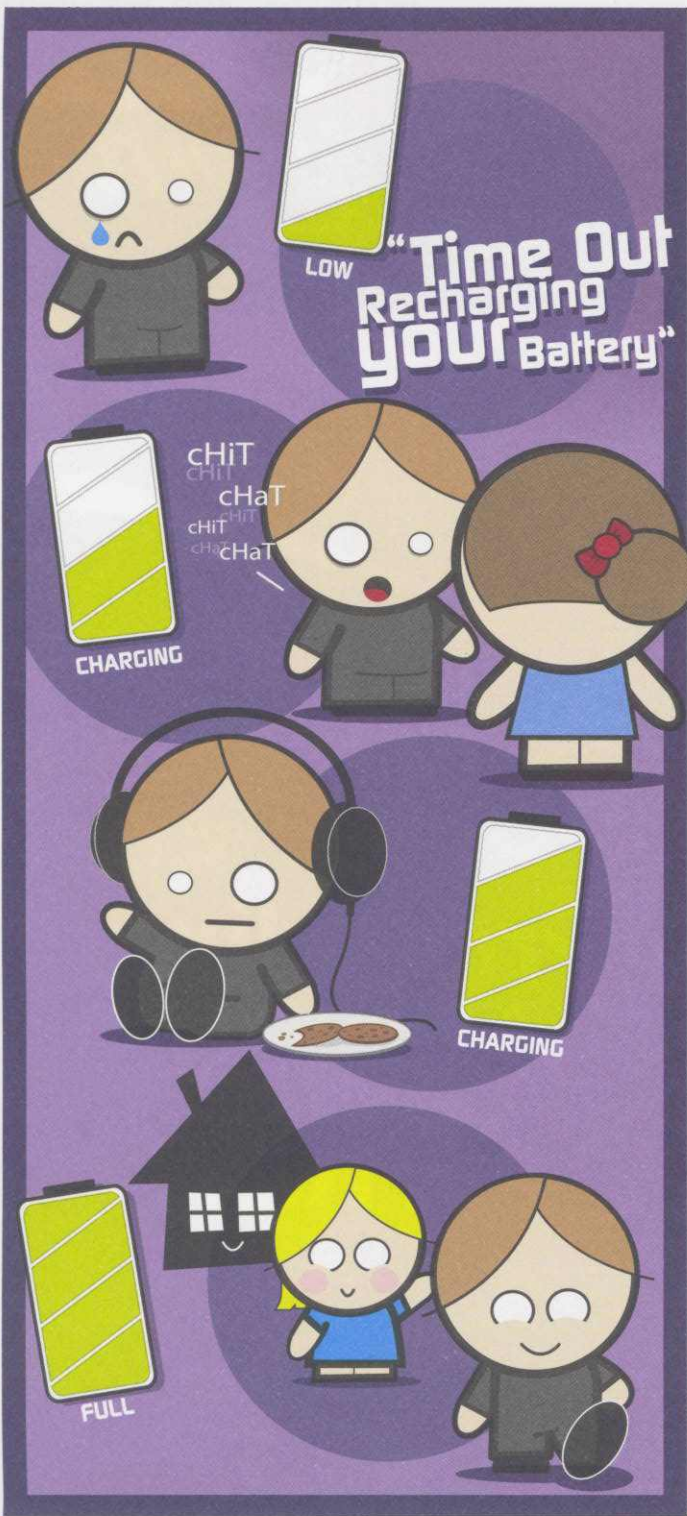


Provided by Time Out Project
Hearing for Suicide Inquiry
in Hobart - 20/5/10.

Time Out
HOUSE

Providing
A Safe Haven
For Young People
At Risk



Time Out is a house where young people (**14-28 years**), **at risk**, can stay for up to 48 hours over a weekend.

It is a house that is **comfortable, spacious** and **private**.

The young person will have their own bedroom. There will be no-one dropping in.

The House will be staffed by trained volunteer Befrienders who will be there to support and listen to the young person.

Befrienders are ordinary people of all ages who are there to listen. They are not trained counsellors or doctors.

A young person's time at the House is about resting, relaxing, just being there or sharing their story. It is their choice.

The rules are simple:

- **No drugs or alcohol**
- **No visitors**
- **No Mobile phones**
- **Smoking outside only**

It is always the young person's choice to come or stay.

Time Out is a free service

To refer young people please call: **0407 102 104** and speak with a co-ordinator.





FULL

TimeOut
HOUSE

The Youth Suicide
Action Group

To refer young people please call:

0407 102 104

and speak with a co-ordinator.

info@timeout.org.au | www.timeout.org.au

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