



Enid Randow

17th July 2007

Dear Sir/Madam,

This is my submission for the Senate inquiry relating to the cost of living for pensioners.

It is dreadfully hard to survive on £265 per week (Pension \$530 per fortnightly). The price of everything rising is taking its toll.

The rebates on our utilities are cut in half by C.S.T. so there is little saving there, and for me that is the only help I receive.

I can no longer afford meat as it is too dear. I only buy the essential food to survive and I have to look for the cheapest and hope it tastes OK and doesn't effect my health.

I rely on my car totally, and with petrol so dear, I only go out to do my shopping and visit the doctor. Very seldom do I go anywhere else. Don't go to the movies or clubs, no money for this pleasure.

I would like to point out to the senate that out of our pensions we have to try and save money for clothes, shoes, haircuts, linen, Birthday and Christmas presents, engagement and wedding presents, and also put away money if we can in case our electrical goods break down. eg. stove, fridge, washing machine and water heater. All the above are essentials and they don't

last forever

All of this has to be done on the pensions we receive.

It is getting harder everytime the price of normal everyday essentials goes up.

It is hard to survive now and I wonder how I will cope in the future if something is not done now to assist us, for our future.

Having to cope with all the above, there is the doctor which I have to pay any thing from \$43 to \$75 up front per visit and also my prescriptions to which I take 5 tablets daily.

I hope the senate can now see how hard it is for us pensioners whose only income is the pension

Please do something to make our life a bit more bearable.

The price rises are making it very difficult for us pensioners.

Yours Sincerely
Eric Rander.