

I am a very blessed mother of 4 children who have been born at home, 2 in Bondi and 2 in Katoomba, over the last 12 years. I have had an independent midwife at each birth and in the last 2 pregnancies, had shared care my local doctor and my midwife.

I chose homebirth as a viable option as I have lived close to a hospital in both homes and after much research, realised that within the safe and sensible care of a reputable midwife, birthing at home was a safe and potentially rewarding and harmonious way to birth.

I am extremely fortunate to have had the blessing of healthy pregnancies and labours, with no complications or risks to myself or the my baby. Thus saving the public health system money, increasing my babies' chances of a healthy drug-free start to life and an excellent breastfeeding relationship each time to follow; again another big saver for public health. It is an investment for the future of our children's well-being, benefitting the workforce, the economy and better harmony for all.

Homebirth must remain a choice for women-where appropriate, it is a safe and empowering place for the whole family to welcome a new being in to the world.

Yours Sincerely,

Rachel Besser