It had recently been brought to my attention that a large percentage of the foods we buy in the supermarkets contains palm oil .

Although I always read labels before purchasing any food item, apparently palm oil can be listed as "vegetable oil". This needs to be stopped.

I would like to be able to choose not to buy palm oil for two reasons. The first one is that I believe it's an unhealthy fat and I'd like to know when I'm eating it. The second one is that palm oil production in south east asia is responsible for the loss of orang utan habitat, leading to the death of many of these animals every year.

By labelling this product correctly on our supermarket shelves ,we will be given the choice of whether to support this destructive industry, or to encourage a more humane and sustainable one .

Please support truth in labelling, especially the palm oil bill-2009 . Thanks.

Alie McIvor,