

**Submission on proposed Bill
Food Standards Amendment (Truth in Labelling—Palm Oil) Bill 2009**

My name is Paul Sharman. I am a resident of _____ and
I'm writing in support of the proposed Foods Standards Amendment
(Truth in Labelling-Palm Oil) bill that I have seen discussed in the media.

I write this letter concerned for the health of myself, my family, my community
and the natural environment, all of which are affected by the current use of
palm oil by food manufacturers.

There is clear evidence from researchers that palm oil is high in saturated
fats and is a catalyst for poor heart health, something none of us need or
want. Are manufacturers who choose to use this ingredient making profit at
the expense of our health? Do you use palm oil in your cooking at home?
Labelling food correctly, shows us what we are buying and allows us the
choice to look after our own health.

Incomprehensible amounts of forest are destroyed to make way for palm oil
plantations. If unsustainable farming practices are being used, the real cost
of palm oil is the destruction of wildlife habitat.

None of my family or friends want animals killed in exchange for a little oil.
Currently, by supporting manufacturers that use palm oil in their products we
are *all*, indirectly doing just that.

Pass this bill and let the us have the choice to look after our own health and
that of the forests and animals affected.

We should all put ourselves in the animals shoes!