Submission for Senate Committee Inquiry

Inquiry into Food Standards Amendment (Truth in Labelling – Palm Oil) Bill 2009

I wish to state my support for the mandatory labelling of palm oil in processed foods. As a consumer I have found it very difficult to avoid buying products which contain palm oil because the information is not provided by the manufacturer.

I oppose the use of palm oil in food manufacturing on health and ethical grounds and believe it should be easier for me to shop for my family making informed choices. Currently, I have to ring the manufacturer for each product to check if it contains palm oil. This is untenable.

I consider the labelling of palm oil in processed foods as vegetable oil deliberately misleading and believe change is required to provide the consumer with an understanding of the source and health implications of their choices.

Thank you for your consideration

Amy Prendergast