



Pharmaceutical Benefits Advisory Committee

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Dear Ms Bleeser

**Community Affairs References Committee
Consumer Access to Pharmaceutical Benefits, 7 May 2010**

I refer to my appearance before the Senate Community Affairs Reference Committee inquiry into Consumer Access to Pharmaceutical Benefits at which I took four questions on notice. My responses to these questions are as follows:

1. Senator Fierravanti-Wells asked:

- (a) When was the PBAC first approached, and*
- (b) In relation to each group. We would appreciate knowing who contacted you, when you were contacted, when you first became aware and the process that you followed in relation to each and every one of the preferably in- ? [Hansard Page: CA 78, 83-84]*

The PBAC was first asked by the Department in March 2009 whether the higher potency statins were suitable to form a therapeutic group.

The PBAC was first asked by the Department in March 2009 whether venlafaxine, and its derivative, desvenlafaxine were suitable to form a therapeutic group.

The PBAC was first asked by the Department in June 2009 whether the bisphosphonates were suitable for inclusion in therapeutic groups for osteoporosis and Paget disease of bone.

2. Senator Ryan asked:

- (a) One last factual question: when this was communicated to you, was it communicated to you by an official in the Department or by the Minister, in writing, or a ministerial staffer?*
- (b) The reason I asked the question, Professor Sansom, is that I am interested effectively in knowing where the request to you came from – was it via the department or was it from the Minister personally? – and the form in which it came?. [Hansard Page: CA 83 and 85]*

The request for PBAC advice on the formation of the higher potency statin, bisphosphonate for osteoporosis, bisphosphonates for Paget disease of bone and venlafaxine & venlafaxine derivative therapeutic groups were made by the Department as part of a PBAC Agenda.

3. *Senator Fierravanti-Wells asked:*

Are your recommendations about therapeutic groups subject to independent review?

[Hansard Page: CA 85]

The Independent Review (PBS) is not available to sponsors whose medicines have been recommended for inclusion in a therapeutic group. However a sponsor of these medicines can at any time request that PBAC recommend the removal of a medicine from a therapeutic group and support this request with evidence for its removal from the group. This occurred with the removal of atorvastatin from the original Statin therapeutic group. Any future submission will continue to be judged by PBAC on its merits.

I have also enclosed a copy of the paper by Cadarette which was published in the Annals of Internal Medicine in 2008 and which I referred to in my opening statement to the Committee.

Yours sincerely

Professor Emeritus Lloyd Sansom

Chair

15 June 2010

Relative Effectiveness of Osteoporosis Drugs for Preventing Nonvertebral Fracture

Suzanne M. Cadarette, PhD; Jeffrey N. Katz, MD, MS; M. Alan Brookhart, PhD; Til Stürmer, MD, MPH; Margaret R. Stedman, MPH; and Daniel H. Solomon, MD, MPH

Background: Little information is available on the comparative effectiveness of osteoporosis pharmacotherapies.

Objective: To compare the relative effectiveness of osteoporosis treatments to reduce nonvertebral fracture risk among older adults.

Design: Cohort study.

Setting: Enrollees in 2 statewide pharmaceutical benefit programs for persons age 65 years or older.

Patients: 43 135 new recipients of oral bisphosphonates, nasal calcitonin, and raloxifene who began treatment from 2000 to 2005. The mean age was 79 years (SD, 6.9), and 96% were women.

Measurements: The primary outcome was nonvertebral fracture (hip, humerus, or radius or ulna) within 12 months of treatment initiation. Cox proportional hazard models stratified by state and adjusted for risk factors for fracture were used to compare fracture rates. Alendronate was the reference category in all analyses.

Results: A total of 1051 nonvertebral fractures were observed within 12 months (2.62 fractures per 100 person-years). No large differences in fracture risk were found between risedronate (hazard ratio [HR], 1.01 [95% CI, 0.85 to 1.21]) or raloxifene (HR, 1.18

[CI, 0.96 to 1.46]) and alendronate. However, among those with a fracture history, raloxifene recipients experienced more nonvertebral fractures within 12 months (HR, 1.78 [CI, 1.20 to 2.63]) compared with alendronate recipients. Patients who received calcitonin experienced more nonvertebral fractures than those who received alendronate (HR, 1.40, [CI, 1.20 to 1.63]). Results were similar in sensitivity analyses that examined different lengths of follow-up (6 months and 24 months), were restricted to hip fracture as the outcome, and were completed in various subgroups.

Limitation: Confounder adjustment was limited to health care utilization data, and the confidence bounds of some comparisons were too wide to rule out potential clinically important differences between agents.

Conclusion: Differences in fracture risk between risedronate or raloxifene and alendronate were small. Nasal calcitonin recipients may have a higher risk for nonvertebral fractures compared with alendronate recipients. Future studies that can better adjust for possible confounding may further clarify these relationships.

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www.annals.org

For author affiliations, see end of text.

Osteoporosis is characterized by decreased bone mass and deterioration of bone tissue, resulting in reduced bone strength and increased fracture risk (1, 2). Approved therapies for osteoporosis include bisphosphonates, calcitonin, raloxifene, and teriparatide. Findings from randomized, controlled, head-to-head trials show that women who received alendronate have greater gains in bone mineral density and greater reductions in bone turnover markers within 12 and 24 months of initiation than those who received risedronate (3, 4) or raloxifene (5-7). Although bone mineral density is a strong predictor of fracture (8), differences in these surrogate markers may not translate into appreciable differences in fracture risk (9-11). Results from observational studies suggest that risedronate may reduce the risk for nonvertebral fracture (clavicle, hip, humerus, leg, pelvis, and wrist) within 12 months more effectively than alendronate or nasal calcitonin (12, 13). To our knowledge, no studies have compared the relative effectiveness of raloxifene versus bisphosphonates or calcitonin in reducing fracture risk. Further comparative effectiveness studies may help to clarify the relative effectiveness of osteoporosis treatments (14). We completed a population-based study of new recipients of oral bisphosphonates (alendronate or risedronate), nasal calcitonin, and raloxifene to compare the relative effectiveness of these agents in reducing nonvertebral fracture risk.

METHODS

Study Cohort

The study population comprised Medicare beneficiaries enrolled in 2 statewide pharmaceutical benefit plans: the New Jersey Pharmaceutical Assistance to the Aged and Disabled program and the Pennsylvania Pharmaceutical Assistance Contract for the Elderly. These programs provide drug coverage without restriction for low-income residents age 65 years or older with minimal copayment. Our cohort consisted of new recipients (no use of any of these agents in the previous year) of oral bisphosphonates (alendronate, 10 mg or 70 mg, or risedronate, 5 mg or 35 mg), nasal calcitonin, or raloxifene between 1 April 2000 and 30 June 2005 (Figure 1). To ensure complete plan coverage, study eligibility was limited to patients with 1 or more

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Web-Only

Appendix Tables
Conversion of graphics into slides

Context

Few studies have evaluated the relative effectiveness of drug therapies for osteoporosis.

Contribution

This study compared nonvertebral fractures that occurred within 1 year of initiating osteoporosis pharmacotherapy among 43 135 enrollees in 2 statewide pharmaceutical benefit programs. Differences in fracture risk between adults prescribed risedronate or raloxifene and those prescribed alendronate were small. Fracture risk seemed to be higher with calcitonin than alendronate.

Caution

Wide confidence bounds around risk estimates did not rule out potentially important differences between some agents. No adherence data were available, and the ability to account for confounders was limited.

Implication

There probably is no single clearly superior drug therapy for osteoporosis.

—The Editors

claims in both Medicare and their state pharmaceutical assistance plan in each of the three 6-month intervals preceding the index prescription. We excluded nursing home residents (for whom prescription data may not be complete), patients with a Medicare claim for Paget disease (International Classification of Diseases, Ninth Revision, Clinical Modification code 731.0), and patients with pharmacy claims indicating receipt of any bisphosphonate or teriparatide in the year before treatment initiation. Our data included all Medicare beneficiaries from the 2 plans that met eligibility criteria; we did not do formal sample size calculations. We restricted inclusion to the period when all drugs were available: that is, 1 April 2000 (risedronate received U.S. Food and Drug Administration approval in April 2000). At the time of analysis, we had complete Medicare data from 1 April 2000 to 31 December 2003 for New Jersey and from 1 April 2000 to 31 December 2005 for Pennsylvania.

Outcomes

Our primary outcome of interest was nonvertebral fracture within 12 months of treatment initiation. We defined nonvertebral fracture as a fracture of the hip, humerus, or radius or ulna by using previously validated criteria requiring diagnostic and procedural codes from Medicare claims (15). When medical records are used as the reference standard, the estimated sensitivity of each outcome is at least 90% (15). Secondary outcomes included nonvertebral fractures within 6 and 24 months of treatment initiation and hip fracture within 6, 12, and 24 months of treatment initiation.

Covariates

Patient demographic characteristics were determined at treatment initiation and other variables by medical and pharmacy claims within the year before treatment initiation. We considered covariates that were plausibly related to our fracture outcomes (16): demographic characteristics (age, sex, race), osteoporosis-related factors (such as diagnosis of osteoporosis, fracture history), relevant comorbid conditions (such as comorbidity score [17, 18]; diabetes mellitus; history of falls, syncope, and gait abnormalities; cancer; rheumatoid arthritis), drug use (such as anti-epileptics, β -blockers, benzodiazepines, glucocorticoids, hormone therapy, selective serotonin reuptake inhibitors, thiazide diuretics, number of drugs), and previous hospitalization. We also included calendar time (month and year) of the index prescription to adjust for potential secular trends in prescribing. Appendix Table 1 (available at www.annals.org) lists all variables, definitions, and coding. If a record of a specific diagnosis, procedure, or prescription was lacking, patients were coded as not having these characteristics. As a result of this coding rule, there were no participants for whom exposure, confounder, or outcome information was missing. However, race was unknown in 41 patients. These 41 missing data points were recoded as "Caucasian."

Statistical Analysis

We calculated fracture rates among recipients of each drug within 6, 12, and 24 months of treatment initiation. We used Kaplan–Meier methods to plot cumulative fracture incidence and Cox proportional hazard models to compare fracture rates between agents. In our primary analysis, we considered a patient exposed to drug throughout follow-up by censoring only at date of death or end of follow-up (hereafter referred to as "intent-to-treat analysis," an analogue of intention-to-treat analysis). We tested proportional hazard assumptions by using interaction terms between exposures and time and found no violations for the primary analysis of 12-month follow-up. However, we observed a violation resulting in an attenuated effect for raloxifene over 24 months. This observation is expected when an intent-to-treat scenario is assumed because adherence to osteoporosis pharmacotherapy is suboptimal (19, 20). Similar attenuation of effects was also observed when hip fracture was the outcome.

We developed propensity scores for each drug by using multinomial logistic regression (21). Alendronate, the most commonly prescribed osteoporosis treatment, was selected as the reference category. To account for baseline differences between New Jersey and Pennsylvania, we derived state-specific propensity scores and stratified all adjusted Cox proportional hazard models by state. Propensity score quintiles for risedronate, calcitonin, and raloxifene were included as 12 dummy variables (4 for each drug) to adjust for confounding (21–24). We summarized the balance achieved within state-specific propensity score quintiles

into descriptive tables and examined the magnitude of difference for each covariate within each propensity score quintile. Preliminary examination suggested residual imbalance within some quintiles (Appendix Tables 2 and 3, available at www.annals.org). For example, within the lowest propensity score quintile for receipt of raloxifene in New Jersey (Appendix Table 2, available at www.annals.org), 76% of patients who received alendronate and 87% of patients who received raloxifene had a background prevalence of osteoporosis. Therefore, we included age groups, fracture history, race, and diagnosis of osteoporosis, in addition to propensity score quintiles, in our adjusted regression models. Analyses were performed with SAS software, version 9.1 (SAS Institute, Cary, North Carolina).

We used sensitivity analysis to examine the robustness of our findings. First, we examined outcomes assuming an "on-treatment" scenario. We censored patients on the first day of switching agents, losing drug plan eligibility, entering a nursing home, or discontinuing drug therapy (last date covered by drug plus 15 days, allowing for 30-day gaps between prescriptions), on the day of death, or at the end of follow-up (12 months, 31 December 2003 [New Jersey], or 31 December 2005 [Pennsylvania]). Second, we extended the days that patients received therapy in our on-treatment scenario to the last date covered by drug plus 90 days. Third, we examined several different subgroups: history of any fracture (International Classification of Diseases, Ninth Revision, Clinical Modification codes 733.1x and 800.xx through 829.xx) within the year before treatment initiation, no fracture history, at least 2 consecutive prescriptions of their index drug, no known history of malignant neoplasm, osteoporosis diagnosis, no diagnosis of osteoporosis, and women with no previous hormone therapy. Fourth, given that the main risk factors for fracture measurable in our data set are previous fracture and age, we compared fracture rates stratified by fracture risk group (defined by fracture history and median age of our study cohort). Finally, we assessed the extent of unmeasured confounding required to explain our primary study findings of difference in fracture risk between drug exposures by using the rule-out method (25). In applying the rule-out method (Microsoft Excel [Microsoft, Redmond, Washington] file, available at www.drugepi.org [25]), we allowed the relationship between the possible unmeasured confounder and fracture risk (relative risk) to vary from 1 to 10 and the prevalence of this possible unmeasured confounder to vary from 10% to 50% (25).

The Partners HealthCare Institutional Review Board approved this project. Data use agreements are in place from the Centers for Medicare & Medicaid Services, New Jersey Pharmaceutical Assistance to the Aged and Disabled program, and Pennsylvania Pharmaceutical Assistance Contract for the Elderly.

Role of the Funding Source

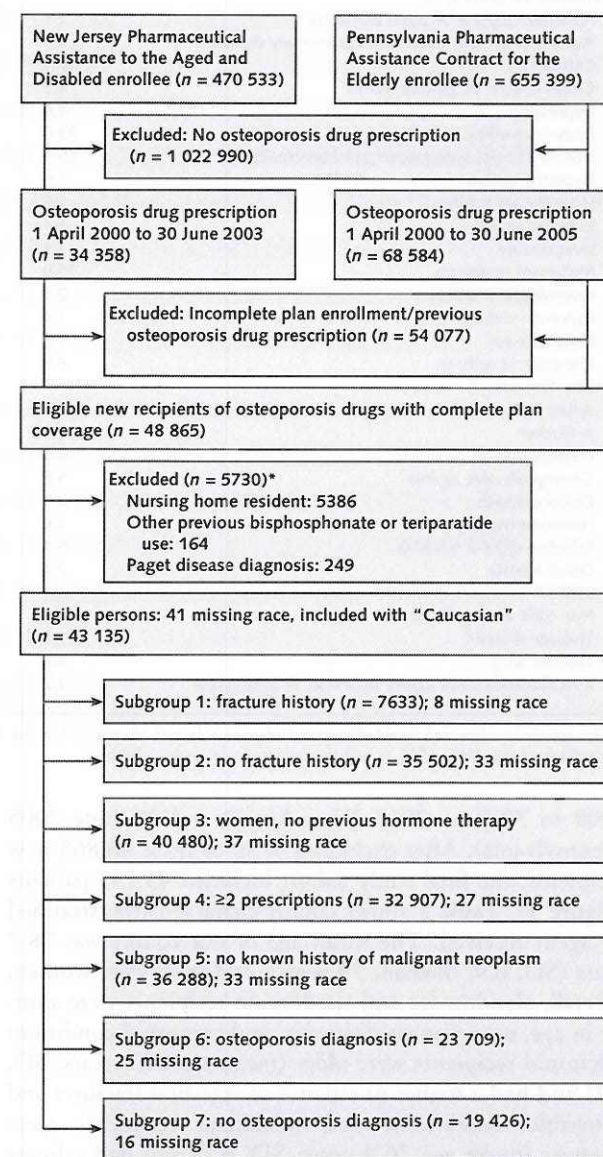
This study had no external funding source. The funding organizations supporting authors did not participate in the design or conduct of the study; in the collection, analysis, or interpretation of the data; or in the preparation, review, or approval of the manuscript.

RESULTS

Study Cohort

We identified 48 865 new recipients of alendronate, nasal calcitonin, raloxifene, and risedronate from 1 April

Figure 1. Study flow diagram.



Osteoporosis drugs were oral bisphosphonates (alendronate, 10 mg or 70 mg; risedronate, 5 mg or 35 mg), nasal calcitonin, or raloxifene. *May meet ≥ 1 exclusion criterion.

Table 1. Cohort Characteristics*

Characteristic	Alendronate Recipients (n = 21 007)	Risedronate Recipients (n = 8718)	Calcitonin Recipients (n = 8372)	Raloxifene Recipients (n = 5038)
Mean age (SD), y	78.4 (6.7)	78.5 (6.7)	80.7 (7.1)	76.9 (6.7)
Mean generic drugs used (SD), n	8.1 (5.8)	8.9 (5.7)	10.2 (6.6)	8.1 (6.0)
Mean comorbidity score (SD)	1.7 (1.8)	1.7 (1.8)	2.3 (2.1)	1.5 (1.7)
Median physician visits (25th, 75th percentile), n	8 (5, 13)	8 (5, 13)	9 (5, 14)	8 (5, 12)
Hospitalized in the previous year, %	21.9	20.4	34.6	17.5
White, %	92.1	92.9	93.9	91.8
Osteoporosis-related variables, %				
Osteoporosis	57.5	57.0	49.2	50.4
Previous fracture				
Vertebral	6.6	5.6	13.7	3.9
Nonvertebral (hip, humerus, radius or ulna)	5.7	4.4	6.4	3.8
Other	5.5	5.6	6.1	4.3
Comorbid conditions, %				
Alzheimer disease or other dementia	5.9	6.0	10.0	4.9
Asthma or chronic obstructive pulmonary disease	20.3	19.9	25.3	18.0
Cataracts	36.3	34.8	35.6	36.9
Crohn disease or gastroenteritis	4.5	4.8	6.5	5.2
Depression	9.4	10.5	13.9	10.1
Diabetes mellitus	23.0	24.9	26.4	23.4
History of falls, syncope, or gait abnormality	16.4	16.0	23.7	13.2
Hyperthyroidism	3.6	3.4	3.6	3.0
Hyperparathyroidism	1.0	1.4	1.0	0.7
Ischemic stroke	5.4	5.0	7.4	4.2
Liver disease	3.3	3.5	4.0	3.5
Malignant neoplasm	15.9	16.2	16.9	13.7
Overweight or obese	2.5	2.5	2.9	2.7
Parkinson disease	1.4	1.6	2.4	1.3
Renal disease	1.3	1.4	2.5	1.1
Rheumatoid arthritis	6.0	6.0	6.6	4.8
Medication use, %				
Antiepileptic	0.2	0.2	0.1	0.1
β-Blocker	12.5	12.3	12.7	10.7
Benzodiazepine	3.9	3.9	4.6	4.4
Gastroprotective agents	5.8	7.2	9.2	8.6
Glucocorticoids	2.1	1.9	2.4	1.5
Hormone therapy	1.6	1.7	1.2	3.6
Selective COX-2 inhibitor	5.1	4.6	4.3	4.4
Other NSAID	2.4	2.0	2.4	2.7
SSRI	2.1	2.6	2.8	2.0
Non-SSRI antipsychotic	2.6	2.8	3.4	3.3
Thiazide diuretic	1.3	1.2	1.2	0.9
Thyroid drug	8.9	10.7	9.5	8.9
Miscellaneous sleep agent, hypnotic, or barbiturate	1.2	1.1	1.6	1.1

* Characteristics identified by Medicare and pharmacy benefit claims within the 12 mo before treatment initiation. COX-2 = cyclooxygenase-2; NSAID = nonsteroidal anti-inflammatory drug; SSRI = selective serotonin reuptake inhibitor.

2000 to 30 June 2003 (New Jersey) and 30 June 2005 (Pennsylvania). After excluding 5730 of these 48 865 new recipients, the final study cohort included 43 135 patients (Figure 1). Table 1 shows cohort characteristics, stratified by agent received. The mean age of our cohort was 78.7 years (SD, 6.9; median, 79 years), and 96% were women. Overall, alendronate and risedronate recipients were similar in age, osteoporosis diagnosis, and comorbid condition; calcitonin recipients were older (mean age 80.7 years; SD, 7.1) and had a higher prevalence of vertebral fractures and comorbid conditions; and raloxifene recipients were younger (mean age 76.9 years; SD, 6.7) and had a lower prevalence of fractures and comorbid conditions. However, both calcitonin and raloxifene recipients had a lower prevalence of osteoporosis documented in Medicare claims in

the year before treatment initiation than alendronate or risedronate recipients.

Comparative Fracture Risk

The cumulative fracture incidence for alendronate, risedronate, and raloxifene overlapped during 12 months of therapy (Figure 2). However, the cumulative fracture incidence was higher among calcitonin recipients from treatment initiation.

In our primary adjusted analysis, we found no large difference in nonvertebral fracture risk within 12 months between risedronate (adjusted hazard ratio [HR], 1.01 [95% CI, 0.85 to 1.21]) or raloxifene (HR, 1.18 [CI, 0.96 to 1.46]) and alendronate (Table 2). However, calcitonin recipients experienced more nonvertebral fractures than

did alendronate recipients (HR, 1.40 [CI, 1.20 to 1.63]). Results were similar in secondary analyses that adjusted only for propensity score quintiles, without additional covariates (data not shown).

Results were consistent when nonvertebral fracture rates at 6 and 24 months were compared (Table 2), as well as when hip fracture rates at 6, 12, and 24 months were compared. With 498 hip fractures within 12 months, we found no large difference in fracture risk between risendronate (HR, 0.92 [CI, 0.70 to 1.20]) or raloxifene (HR, 1.07 [CI, 0.77 to 1.49]) and alendronate. Patients who received calcitonin experienced more hip fractures than patients who received alendronate (HR, 1.54 [CI, 1.25 to 1.90]).

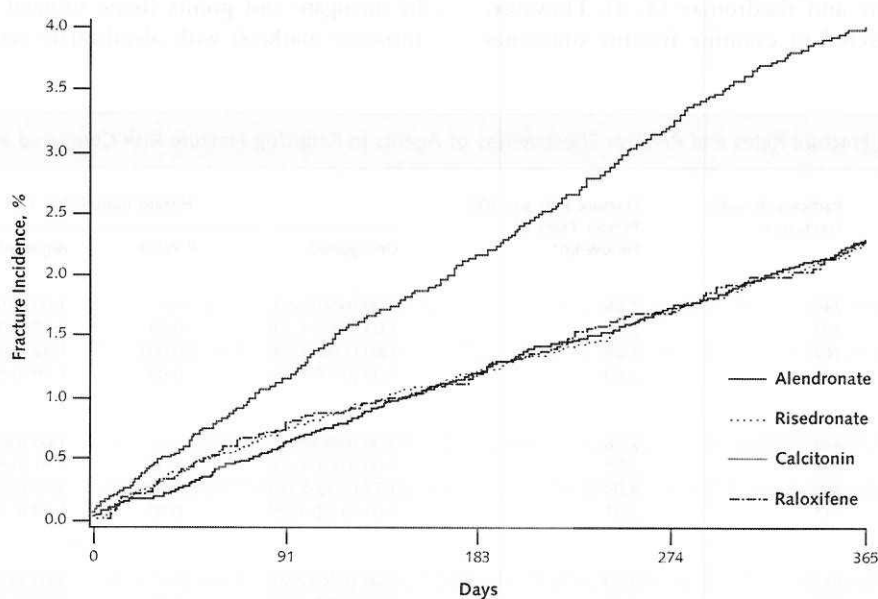
Figure 3 shows similar results across sensitivity analyses. Fracture rates among patients who received risendronate and alendronate were consistently similar, and patients who received calcitonin had consistently higher fracture rates than alendronate recipients. However, when we restricted analyses to participants with previous fracture, we observed more nonvertebral fractures among raloxifene recipients (HR, 1.78 [CI, 1.20 to 2.63]) than alendronate recipients. Fracture risk among raloxifene recipients compared with alendronate recipients was also high among the subgroup with a previous diagnosis of osteoporosis (HR, 1.30 [CI, 0.98 to 1.71]).

Overall nonvertebral fracture rates within 12 months

increased across risk groups from 1.51 per 100 person-years (CI, 1.34 to 1.69 per 100 person-years) among those age 65 to 79 years with no fracture history to 3.04 per 100 person-years (CI, 2.76 to 3.34 per 100 person-years) among those age 80 years or older with no fracture history, then from 3.71 per 100 person-years (CI, 3.06 to 4.46 per 100 person-years) among patients age 65 to 79 years with fracture history to 5.64 per 100 person-years (CI, 4.92 to 6.44 per 100 person-years) among patients age 80 years or older. Similar patterns were seen by drug, with rates generally increasing across risk groups (Figure 4).

Finally, using the rule-out method, we determined that a very strong risk factor for nonvertebral fracture must be unmeasured and imbalanced across treatment groups to explain the observed association (HR, 1.40) between alendronate and calcitonin if the 2 agents did not differ in nonvertebral fracture risk. For example, with an overall prevalence of 50% in the population, an unmeasured confounder for nonvertebral fracture with a magnitude of 2.5 (relative risk, 2.5) would require more than a 6-fold difference in prevalence between drug exposure groups (odds ratio, 6.4) to attenuate our observed hazard ratio of 1.40 (for example, 10% of alendronate recipients versus >60% of calcitonin recipients). Nonetheless, with our observed lower CI bound of 1.20, a 2.5-fold (odds ratio, 2.5) difference in the prevalence of the risk factor would be required to eliminate statistical significance.

Figure 2. Cumulative incidence of nonvertebral fractures within 12 months of treatment initiation, by drug.



Drug exposures, n	20 690	20 307	18 644	17 256
Alendronate	8584	8432	7449	6617
Risedronate	8082	7796	7255	6744
Calcitonin	4978	4918	4653	4413
Raloxifene				

DISCUSSION

We found little difference in nonvertebral fracture rates among new recipients of alendronate and risedronate, regardless of the duration of observation (6, 12, or 24 months since treatment initiation), assumptions underlying the analysis (on-treatment or intent-to-treat), or subgroup considered. Our results contrast with findings from other observational studies that document risedronate as more effective than alendronate in preventing nonvertebral fractures (12, 13). Our findings are also somewhat surprising because randomized, controlled trials (RCTs) show that alendronate improves bone mineral density and reduces bone turnover markers better than risedronate (3, 4). Previous observational studies comparing bisphosphonates included preventive doses of alendronate that are less effective than treatment doses (26). We restricted our study to new recipients of pharmacotherapies approved for osteoporosis treatment. We also studied nonvertebral fracture sites most commonly associated with osteoporosis: hip, humerus, and radius or ulna (rather than also including clavicle, leg, and pelvis) (12, 13). These methodological differences in study design may partially explain the differences between our findings of equivalent fracture prevention between bisphosphonates, compared with previous observational studies suggesting that risedronate is more effective than alendronate in preventing nonvertebral fractures.

We did an English-language search of MEDLINE through December 2007 to identify relevant large head-to-head trials and large comparative observational studies with fracture outcomes. To our knowledge, FACT (Fosamax Actonel Comparison Trial) is the only head-to-head trial comparing alendronate and risedronate (3, 4). However, FACT was underpowered to examine fracture outcomes

and examined surrogate markers of efficacy. By randomly assigning 1053 postmenopausal women (mean age, 64.5 years) with low bone mineral density to receive weekly alendronate or risedronate, FACT controlled for both measured and unmeasured confounding. However, FACT also excluded important candidate groups for pharmacotherapy with bisphosphonates, such as men, and women with previous hormone or long-term glucocorticoid therapy. Randomized, controlled trials establish drug efficacy within defined patient populations that are often not representative of those who may benefit from pharmacotherapy or of how the agents are used in practice (for example, adherence to drug regimen, and calcium or vitamin D supplementation) (27). In contrast, health care claims data reflect routine practice for large and representative populations (28). Therefore, observational studies play an important role in examining drug effectiveness among those treated. However, observational studies are also susceptible to confounding. Although alendronate and risedronate recipients in our study were similar according to measured covariates, we cannot rule out possible differences due to unmeasured variables, such as bone mineral density, risk for falls, family history, or nonprescription preventive therapies. Nonetheless, our findings are robust, with consistent results across all sensitivity analyses considered.

We also found no large differences between the relative effectiveness of raloxifene versus alendronate in reducing nonvertebral fracture risk. However, confidence bounds were large, and we therefore cannot rule out potential clinically important differences between these agents. Previous RCTs have found greater improvements in surrogate end points (bone mineral density and bone turnover markers) with alendronate versus raloxifene (5–

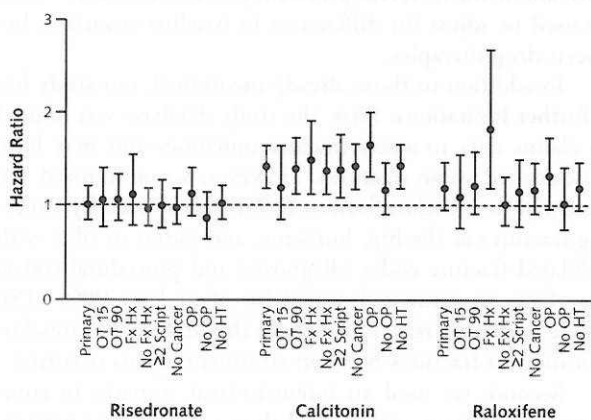
Table 2. Nonvertebral Fracture Rates and Relative Effectiveness of Agents in Reducing Fracture Risk Compared with Alendronate

Time Point and Agent	Participants with Fracture, n	Fracture Rate per 100 Person-Years of Follow-up*	Hazard Ratio (95% CI)			
			Unadjusted	P Value	Adjusted†	P Value
6 mo						
Alendronate	240	2.36	1.00 (reference)	–	1.00 (reference)	–
Risedronate	103	2.44	1.03 (0.82–1.30)	0.78	1.07 (0.85–1.36)	0.56
Calcitonin	169	4.24	1.80 (1.48–2.19)	<0.001	1.42 (1.16–1.74)	<0.001
Raloxifene	59	2.40	1.02 (0.77–1.36)	0.89	1.18 (0.88–1.58)	0.26
12 mo						
Alendronate	448	2.28	1.00 (reference)	–	1.00 (reference)	–
Risedronate	183	2.28	1.00 (0.84–1.19)	1.00	1.01 (0.85–1.21)	0.88
Calcitonin	309	4.03	1.77 (1.53–2.05)	<0.001	1.40 (1.20–1.63)	<0.001
Raloxifene	111	2.31	1.01 (0.82–1.25)	0.90	1.18 (0.96–1.46)	0.121
24 mo						
Alendronate	814	2.39	1.00 (reference)	–	1.00 (reference)	–
Risedronate	300	2.30	0.96 (0.84–1.09)	0.52	0.96 (0.84–1.11)	0.56
Calcitonin	524	3.90	1.63 (1.46–1.82)	<0.001	1.28 (1.14–1.43)	<0.001
Raloxifene	182	2.10	0.88 (0.75–1.03)	0.112	1.00 (0.85–1.18)	1.00

* Patients were censored on the date of death or end of follow-up (6, 12, or 24 months; 31 December 2003 [New Jersey]; or 31 December 2005 [Pennsylvania]).

† Adjusted for propensity score quintiles as 12 dummy variables (4 for each drug) in Cox proportional hazard models and covariates (age, race, diagnosis of osteoporosis, previous vertebral fracture, and previous nonvertebral fracture), stratified by state.

Figure 3. Nonvertebral fracture risk within 12 months of treatment initiation compared with alendronate.



Hazard ratios and 95% CIs (error bars) were calculated by using Cox proportional hazard models stratified by state and adjusted for propensity score quintiles, age, race, diagnosis of osteoporosis, and fracture history (previous nonvertebral and vertebral fracture). The intent-to-treat analysis (Primary) was censored on the date of death or end of follow-up (12 months after treatment initiation, 31 December 2003 [New Jersey], or 31 December 2005 [Pennsylvania]). OT 15 = patients receiving treatment who were censored on the first day of switching agents, losing drug plan eligibility, entering a nursing home, or discontinuing use of the drug (last date covered by drug plan plus 15 days, allowing for 30-day gaps between prescriptions) on the date of death or end of follow-up; OT 90 = patients receiving treatment who were censored as for OT 15, except that follow-up was extended to 90 d after drug discontinuation; Fx Hx = patients with a history of any fracture within 12 mo before treatment initiation; No Fx Hx = patients with no known history of fracture within 12 mo before treatment initiation; ≥ 2 Script = patients who filled ≥ 2 consecutive prescriptions of their index drug, excluding those who lost drug plan eligibility, entered a nursing home, died, had a nonvertebral fracture, or switched agents within the first 30 d; No Cancer = patients with no diagnosis of malignant neoplasm within 12 months before drug initiation; OP = patients with a medical claim for osteoporosis diagnosis within 12 mo before drug initiation; No OP = patients with no medical claim for osteoporosis diagnosis within 12 mo before treatment initiation; No HT = women with no history of hormone therapy within 12 mo before treatment initiation.

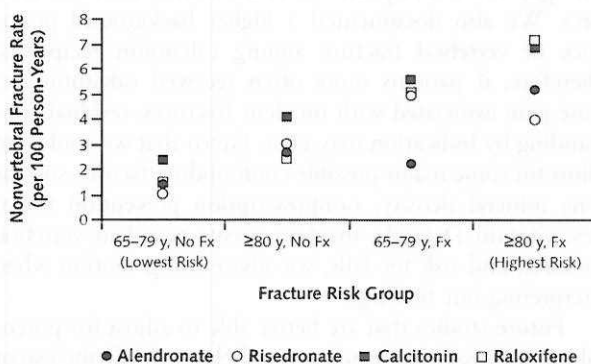
7), and although alendronate has proven efficacy in reducing nonvertebral fracture risk versus placebo, no such evidence of benefit has been reported with raloxifene (14, 26, 29). Raloxifene recipients in our study were younger and seemed to be healthier than alendronate recipients on the basis of measured variables. Although balance between measured variables improved within propensity score quintiles (Appendix Tables 2 and 3, available at www.annals.org), we were limited to information contained in health care utilization databases. Our inability to adjust for baseline bone mineral density may be particularly problematic. The efficacy of bisphosphonates in reducing nonvertebral fracture risk is established among persons with a bone mineral density T-score less than -2.5 . However, the National Osteoporosis Foundation recommends that treatment be considered at a T-score less than -2.0 , and in the presence of other risk factors, at a T-score less than -1.5 (2). It is

therefore possible that a high proportion of recipients have a bone mineral density higher than that for which bisphosphonates are documented to be effective. We found that in the subgroups most likely to have low bone mineral density at treatment initiation (fracture history and diagnosis of osteoporosis), risk for nonvertebral fracture was higher among raloxifene recipients than alendronate recipients. Therefore, our data are somewhat consistent with those from placebo-controlled trials completed among patients with low bone mass, which found that alendronate (but not raloxifene) prevents nonvertebral fractures (14, 26, 29). Further comparative studies between bisphosphonates and raloxifene may help to strengthen and clarify our findings.

We found more fractures among patients treated with calcitonin versus alendronate. This finding contrasts with that of a previous observational study suggesting no large difference between calcitonin and alendronate recipients (12). However, given that data from RCTs to support calcitonin in reducing nonvertebral fracture risk (14, 26, 30) are lacking, our finding is expected. On the basis of measured variables, calcitonin recipients in our study had higher background risk for fractures than alendronate recipients; the curves plotting cumulative fracture incidence diverged immediately after treatment initiation. Therefore, unmeasured confounding may be exaggerating the differences in observed fracture rates between calcitonin and alendronate.

We did a sensitivity analysis to assess the extent of residual confounding required to explain our finding that calcitonin recipients had a 40% higher risk for nonvertebral fracture than did alendronate recipients (25). These

Figure 4. Nonvertebral fracture rates within 12 months, by fracture risk group and drug.



Age cut-off was determined by the median cohort age (79 y). Fracture history was identified by Medicare claims within 12 months before treatment initiation. 65-79 y, No Fx = patients age 65 to 79 years without fracture history (lowest risk); ≥ 80 y, No Fx = patients age ≥ 80 years without fracture history; 65-79 y, Fx = patients age 65 to 79 years with fracture history; ≥ 80 y, Fx = patients age ≥ 80 years with fracture history (highest risk).

analyses suggested that our findings are unlikely to be entirely due to unmeasured confounding. Bone mineral density is the most important risk factor for fracture that was not included in our analysis. The relative risk for hip fracture is estimated to be 2.5 at age 65 years among persons with osteoporosis (T-score <-2.5) compared with those with higher bone mineral density (31). On the basis of measured variables, alendronate recipients were younger and had fewer documented fractures in the previous year compared with calcitonin recipients. These observed differences also suggest that a higher proportion of calcitonin recipients may have osteoporosis as measured by dual-energy x-ray absorptiometry. However, a 6-fold difference in the prevalence of osteoporosis would be required to attenuate our 1.40 observed hazard ratio (for example, dual-energy x-ray absorptiometry–documented osteoporosis among 10% of alendronate recipients versus $>60\%$ of calcitonin recipients). It is therefore unlikely that our observed difference in fracture risk between calcitonin and alendronate is completely due to unmeasured confounding; rather, it is more likely that a true difference in the effectiveness of these agents in reducing fracture risk exists. However, the observed imbalance between calcitonin and alendronate would only need to be 2.5-fold higher to move the lower bound of the 95% CI toward the null (for example, 30% of alendronate recipients had osteoporosis documented by dual-energy x-ray absorptiometry vs. 75% of calcitonin recipients). Regardless, given that we focused on alendronate doses that were approved for treating osteoporosis, it is unlikely that the difference in osteoporosis prevalence between calcitonin and alendronate was 2.5-fold or more.

Nonetheless, calcitonin may be prescribed for acute pain after fracture, and the risk for recurrent fracture is highest immediately after a fracture (32, 33). Although we adjusted for fracture history as defined by Medicare claims within the year before treatment initiation, we could not distinguish between prevalent and incident vertebral fractures. We also documented a higher background prevalence of vertebral fracture among calcitonin recipients. Therefore, if patients more often received calcitonin for acute pain associated with incident fractures, residual confounding by indication may exist. Given that we could not adjust for some major possible confounding factors, such as bone mineral density, nonprescription prevention therapies, vitamin D levels, incident versus prevalent vertebral fractures, and risk for falls, we advise using caution when interpreting our findings.

Future studies that are better able to adjust for potential unmeasured confounding may help to clarify the extent of difference in fracture prevention among osteoporosis therapies. An emerging methodological approach through propensity score calibration may be useful to adjust for unmeasured confounding, provided that a good validation data source is available (34–37). For example, a data source among new recipients of these agents that includes

important covariates not available in claims data—such as bone mineral density at treatment initiation, family history, nonprescription preventive therapies, frailty, risk for falls, and incident versus prevalent previous fractures—may be used to adjust for differences in baseline covariates between drug therapies.

In addition to those already mentioned, our study has 3 further limitations. First, the study database was limited to claims data to assess fracture outcomes and may have misclassified some fractures. However, we minimized the potential for misclassification (information bias) by studying fractures at the hip, humerus, and radius or ulna with validated fracture codes (diagnostic and procedural codes) that have an estimated sensitivity of at least 90% (15). There is also no reason to believe that differential misclassification of fractures between treatment agents occurred.

Second, we used an intent-to-treat scenario to complete our primary analysis and thus assumed that patients were exposed to drugs throughout follow-up. Randomized, controlled trials ensure a minimum level of adherence in an effort to establish biological effects. However, adherence to osteoporosis pharmacotherapy is much lower in practice (19, 20) and is linked to fracture risk. The more at risk patients perceive themselves to be (38, 39) and the more effective they perceive treatment to be (40, 41), the more likely they will be willing to initiate and adhere to therapy. On-treatment analysis may thus be subject to information bias. If alendronate versus raloxifene recipients, for example, have lower bone mineral density, they may persist with therapy longer, but they are also at higher risk for fracture (patient persistence with therapy is differential and linked to fracture risk). On the other hand, the efficacy of alendronate persists long after discontinuing therapy (42). Therefore, in the real-world setting, in which patients may not completely adhere to therapy, patient persistence with therapy is differential on the basis of fracture risk, and persistence of drug effects may differ between therapies, the intent-to-treat analysis yields the most valid results. We also found similar results in on-treatment analyses.

Third, the study cohort was limited to low-income persons with complete drug coverage residing in 2 states. Thus, our results may not be generalizable to all recipients of these agents, particularly if adherence to treatment differs among those with different drug coverage. However, our cohort of frail persons age 65 years or older is typical of patients requiring pharmacotherapy to reduce fracture risk and provides real-world comparative effectiveness data among patients with complete drug coverage. Our large cohort of new recipients also permitted us to examine results in several subgroups, demonstrating that our results are robust.

The early termination of a trial that was designed to examine fracture outcomes between osteoporosis therapies (because a sufficient number of treatment-naïve women could not be recruited [7]) indicates that evidence from RCTs comparing medications is unlikely to become avail-

able. In the absence of RCT evidence, observational data provide a complementary source of information that compares drug effectiveness when prescribed in clinical practice (27). Our large observational study of persons age 65 years or older who received drug treatment for osteoporosis identified no difference in the effectiveness of bisphosphonates (risedronate versus alendronate) in preventing nonvertebral fractures. We also documented no large differences in fracture risk among raloxifene compared with alendronate. However, confidence bounds were wide and thus do not rule out potentially important clinical differences. Although we found a 40% higher risk for nonvertebral fractures among nasal calcitonin recipients than alendronate recipients, future studies that can better adjust for potential residual confounding may clarify our results.

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Appendix Table 1. Definition and Coding of Variables Included in Multinomial Logistic Regression Model Used to Create Propensity Scores*

Variable	Definition	Coding
Medicare enrollment information at time of index prescription		
Age	Age in years	Categorical: 1 category for each age, except that all patients ≥ 96 y were placed in 1 reference group (31 dummies)
Male sex	Male sex	Dichotomous (yes/no)
Race	White	Dichotomous (yes/no)
Date of index prescription	Month/year of index prescription	Categorical (mo/yr): 1 category for each month/year (38 dummies for New Jersey, 62 dummies for Pennsylvania)
Medicare claims within 365 d before index osteoporosis drug prescription		
Health services use/overall measure of health status		
Hospitalized in previous year	Any	Dichotomous (yes/no)
Comorbidity score	Charlson comorbidity score (17, 18)	Ordinal (quartiles)
Osteoporosis-related variables		
Osteoporosis	ICD-9-CM codes 733.0x	Dichotomous (yes/no)
Kyphosis	ICD-9-CM codes 737.1x, 737.41, 737.3x	Dichotomous (yes/no)
Previous fracture		
Vertebral	Vertebral (ICD-9-CM codes 733.13, 805.xx)	Dichotomous (yes/no)
Nonvertebral	Hip (ICD-9-CM codes 820.xx, 733.14), humerus (ICD-9-CM codes 812.xx, 733.11), and/or radius or ulna (ICD-9-CM codes 813.xx, 733.12)	Dichotomous (yes/no)
Other	Any fracture (ICD-9-CM codes 733.1x, 800.xx-829.xx) other than vertebral or nonvertebral defined above	Dichotomous (yes/no)
Comorbid conditions		
Alzheimer disease or other dementia		
Asthma or chronic obstructive pulmonary disease	ICD-9-CM codes 290.xx, 294.xx, 330.xx, 331.xx	Dichotomous (yes/no)
Cataracts	ICD-9-CM codes 493.xx, 490, 491.xx, 492.xx, 494.xx, 496.xx, 506.4x	Dichotomous (yes/no)
Crohn disease or gastroenteritis	ICD-9-CM codes 366.xx	Dichotomous (yes/no)
Depression	ICD-9-CM codes 555.xx, 556.xx, 558.xx	Dichotomous (yes/no)
Diabetes mellitus	ICD-9-CM codes 293.83, 296.2x, 296.3x, 298.0x, 300.4x, 309.0x, 309.1x, 309.28, 311.xx	Dichotomous (yes/no)
History of falls, syncope, or gait abnormality	≥ 1 hospitalization discharge ICD-9-CM codes 250.xx or ≥ 2 outpatient ICD-9-CM codes 250.xx	Dichotomous (yes/no)
Hyperthyroidism	ICD-9-CM codes E885, E885.9x, E888.xx, 780.2x, 458.0x, 781.2x, 782.3x	Dichotomous (yes/no)
Hyperparathyroidism	ICD-9-CM codes 242.0x-242.9x	Dichotomous (yes/no)
Ischemic stroke	ICD-9-CM codes 252.0x	Dichotomous (yes/no)
Liver disease	ICD-9-CM codes 434.xx, 436.xx	Dichotomous (yes/no)
Malignant neoplasm	ICD-9-CM codes 571.4x, 571.6x, 571.8x, 571.9x, 573.xx, 070.xx	Dichotomous (yes/no)
Overweight or obese	ICD-9-CM codes 140.xx-208.xx	Dichotomous (yes/no)
Parkinson disease	ICD-9-CM codes 278, 278.0x	Dichotomous (yes/no)
Renal disease	ICD-9-CM codes 332.xx or 333.0x, or use of antiparkinsonian drug	Dichotomous (yes/no)
Rheumatoid arthritis	ICD-9-CM codes 250.4x, 403.xx, 404.02, 404.03, 404.12, 404.13, 404.92, 404.93	Dichotomous (yes/no)
	ICD-9-CM codes 714.xx	Dichotomous (yes/no)
Pharmacy claims within 365 d before index osteoporosis drug prescription		
Number of generic drugs	Count	Ordinal (quintiles)
Antiepileptic	Any pharmacy claim	Dichotomous (yes/no)
β -Blocker	Any pharmacy claim	Dichotomous (yes/no)
Benzodiazepine	Any pharmacy claim	Dichotomous (yes/no)
Gastroprotective agent	Any pharmacy claim	Dichotomous (yes/no)
Glucocorticoids	Any pharmacy claim	Dichotomous (yes/no)
Hormone therapy	Any pharmacy claim	Dichotomous (yes/no)
Selective COX-2 inhibitor	Any pharmacy claim	Dichotomous (yes/no)
Other NSAID	Any pharmacy claim	Dichotomous (yes/no)
SSRI	Any pharmacy claim	Dichotomous (yes/no)
Non-SSRI antipsychotic	Any pharmacy claim	Dichotomous (yes/no)
Thiazide diuretic	Any pharmacy claim	Dichotomous (yes/no)
Thyroid drug	Any pharmacy claim	Dichotomous (yes/no)
Miscellaneous sleep agent, hypnotic, or barbiturate	Any pharmacy claim	Dichotomous (yes/no)

* COX-2 = cyclooxygenase-2; ICD-9-CM = International Classification of Diseases, Ninth Revision, Clinical Modification; NSAID = nonsteroidal anti-inflammatory drug; SSRI = selective serotonin reuptake inhibitor.

Appendix Table 2. Propensity Score Quintiles: New Jersey*

Covariate	Risedronate Propensity Score										Calcitonin Propensity Score										Raloxifene Propensity Score									
	Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5	
	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL
Mean age (SD), y	78.0 (7.4)	77.3 (7.5)	77.8 (6.6)	78.1 (6.7)	78.2 (6.4)	78.0 (6.9)	77.7 (6.8)	77.9 (7.0)	77.9 (6.3)	78.3 (6.1)	73.6 (5.4)	74.0 (5.4)	76.6 (5.8)	76.3 (5.9)	78.8 (6.1)	79.0 (6.0)	80.0 (6.5)	79.8 (6.9)	82.3 (6.8)	82.3 (7)	81.8 (6.2)	82.3 (5.8)	80.5 (5.6)	81.0 (5.5)	78.3 (6.1)	79.0 (6.2)	75.8 (5.9)	76.0 (6.1)	72.2 (5.2)	72.2 (5.1)
Men, %	2.9	2.5	4.0	4.5	4.3	3.3	5.7	3.8	6.9	8.2	1.8	3.3	2.6	3.5	5.2	5.2	6.3	4.9	9.2	7.3	22.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
White, %	90.2	88.5	89.3	89.1	90.6	89.7	87.3	91.5	87.4	85.8	83.5	87.9	89.0	88.1	90.9	88.9	91.3	91.9	91.9	91.0	92.4	95.5	91.9	90.5	89.5	88.7	86.6	86.4	83.9	84.4
Year of index prescription, %																														
2000	26.4	20.5	8.7	11.4	10.9	18.3	19.5	28.2	5.2	4.6	0.3	0.0	2.0	2.2	6.6	6.4	20.6	27.1	55.7	68.1	7.4	11.9	6.3	10.4	11.2	17.1	15.3	24.0	33.7	42.5
2001	37.0	40.5	58.4	58.5	62.7	59.9	13.8	9.9	0.1	0.0	22.6	24.2	41.9	40.4	47.1	43.8	43.2	39.9	26.3	18.5	27.6	24.3	37.4	32.6	39.2	36.7	42.8	34.5	36.2	31.7
2002	36.5	39.0	32.9	30.1	24.9	19.5	41.3	38.4	43.2	42.2	47.7	46.9	42.6	39.6	35.6	35.6	28.7	27.2	13.9	10.4	44.4	43.5	38.9	37.7	36.6	32.7	31.7	27.9	22.3	19.0
2003	0.1	0.0	0.0	0.0	1.5	2.3	25.4	23.4	51.6	53.1	29.4	28.9	13.5	17.8	10.8	14.3	7.9	9.9	4.1	3.0	20.6	20.3	17.4	19.3	13.0	13.5	10.2	13.6	7.8	6.7
Age group, %																														
65-69 y	14.2	15.5	11.9	12.8	10.7	12.8	13.0	14.8	11.9	8.5	26.9	24.2	13.4	13.2	7.9	7.9	6.2	8.3	2.9	3.9	2.9	1.7	2.3	0.6	7.4	5.6	15.6	17.2	37.5	36.2
70-74 y	21.0	23.5	21.1	18.9	17.5	18.3	21.2	19.1	18.3	18.4	32.4	33.3	21.6	25.1	16.0	16.2	14.8	14.0	10.3	9.6	9.4	6.2	11.5	10.1	19.4	18.0	27.8	24.7	33.6	35.1
75-79 y	23.3	24.5	26.7	24.2	28.4	27.0	26.1	23.3	27.1	30.6	22.4	24.2	30.9	30.1	29.0	25.9	24.7	26.1	24.0	23.0	21.5	24.9	28.9	32.0	31.2	30.2	30.4	28.6	18.5	18.6
80-84 y	19.2	18.0	23.4	26.5	27.2	25.5	23.5	24.3	27.9	26.6	16.6	15.8	26.4	23.7	29.0	31.3	26.3	23.9	22.7	23.5	32.7	32.8	33.8	29.1	25.4	27.3	18.0	20.6	8.2	8.4
85-89 y	16.3	11.5	13.3	13.9	12.5	10.5	11.6	13.9	11.9	12.5	1.8	2.6	7.0	7.3	15.3	15.4	21.3	19.5	26.0	25.7	24.4	26.0	18.6	23.4	13.2	11.7	6.0	6.8	1.5	1.3
≥90 y	2.6	3.5	1.1	0.8	0.7	1.4	1.3	1.2	0.6	0.3	0.0	0.0	0.5	0.4	1.4	1.6	2.2	3.0	3.1	2.2	2.2	1.1	1.4	0.6	1.3	3.2	1.0	0.7	0.2	0.2
Hospitalized in previous year, %	25.2	30.0	20.9	20.3	19.0	17.9	18.8	21.2	15.8	16.5	4.3	4.0	11.2	12.1	19.7	18.0	31.1	30.4	43.3	45.2	37.7	41.2	22.5	21.4	15.9	19.6	13.4	16.8	9.0	7.9
Comorbidity score quartile, %																														
1	26.7	23.0	27.3	27.3	28.2	28.6	28.5	29.2	30.3	27.5	51.3	50.2	31.8	32.1	21.9	23.9	16.0	17.0	12.0	10.0	16.1	18.6	24.3	26.4	28.7	30.4	34.4	25.9	38.9	38.1
2	25.1	28.0	25.9	26.5	26.4	22.8	25.5	25.8	24.7	24.8	25.9	23.8	31.0	29.5	26.0	28.0	23.5	22.9	19.2	19.2	20.3	19.2	26.0	22.6	27.1	24.8	26.9	29.2	27.9	28.8
3	23.3	22.0	20.0	17.8	19.0	18.5	19.3	18.7	17.8	19.6	12.9	19.8	19.1	18.9	23.4	19.7	24.1	24.3	21.7	21.7	22.6	22.6	21.0	22.8	19.4	19.6	18.6	19.9	17.6	16.0
4	12.6	14.5	13.7	16.2	14.2	16.9	14.2	15.0	16.1	17.0	3.8	4.4	8.1	9.5	14.0	16.7	20.6	21.1	30.4	29.9	22.2	18.1	14.5	14.2	13.0	15.1	11.6	14.7	8.5	10.2
Osteoporosis-related variables, %																														
Osteoporosis	59.2	55.5	60.7	58.2	65.7	58.2	65.1	61.4	70.6	70.1	86.5	86.8	71.2	70.3	58.4	52.3	50.2	50.0	45.2	43.7	75.9	87.0	72.5	72.1	64.1	61.9	58.1	53.5	46.5	41.2
Kyphosis	2.7	2.5	1.8	1.9	1.9	1.9	2.7	2.2	2.1	2.7	1.2	1.1	1.8	2.2	1.8	2.6	3.2	2.3	3.7	3.8	4.2	7.3	2.2	2.7	2.1	0.9	1.2	1.1	1.1	1.2
Previous fracture																														
Vertebral	13.3	12.5	4.9	6.4	3.9	3.9	6.4	5.5	1.0	0.9	0.4	0.7	1.6	0.4	4.7	3.8	9.2	9.4	18.6	18.1	21.7	22.6	3.9	3.0	2.4	1.8	0.7	1.1	0.2	0.6
Nonvertebral (hip, humerus, radius or ulna)	9.8	6.0	5.8	3.9	2.8	3.5	5.6	5.6	1.6	1.7	5.1	2.6	4.3	4.4	5.1	4.4	5.6	4.8	6.4	6.6	8.4	9.6	6.5	6.5	4.3	5.4	3.3	2.5	3.2	1.4
Other	5.1	6.0	5.9	7.0	5.9	4.5	5.5	5.1	6.1	6.6	4.5	5.9	4.8	4.2	5.5	6.7	7.2	7.1	7.3	6.0	8.9	10.2	7.2	7.4	4.9	5.4	3.7	3.2	3.5	3.1
Comorbid conditions, %																														
Alzheimer disease or other dementia	8.3	11.0	5.8	5.8	4.5	4.9	5.8	6.0	3.5	3.8	1.1	1.5	2.8	1.8	4.9	7.2	8.2	7.9	14.2	13.7	8.2	7.3	7.3	8.9	5.2	5.4	4.0	4.3	2.8	3.5
Asthma or COPD	24.0	30.0	22.9	19.8	19.8	20.0	21.3	20.7	17.3	18.9	12.0	13.2	16.5	18.0	23.0	22.3	26.6	26.4	32.4	30.3	30.6	29.4	21.9	19.0	20.2	21.4	17.4	19.1	14.7	15.9
Cataracts	42.2	34.5	38.7	37.0	36.7	36.6	36.7	39.1	36.3	36.7	37.8	38.5	39.4	42.0	39.4	40.7	36.1	37.2	37.8	35.7	32.1	26.6	38.2	35.9	38.6	39.6	40.9	43.8	41.6	41.0
Crohn disease or gastroenteritis	3.7	6.5	4.3	5.0	5.2	6.4	5.6	6.0	6.8	7.1	2.4	5.9	4.2	5.3	5.5	6.1	6.3	6.4	8.2	8.8	5.0	9.6	5.1	5.6	4.3	4.1	5.2	5.5	5.9	6.7
Depression	8.1	11.0	8.5	8.9	9.2	9.3	8.9	10.3	8.4	9.1	3.2	4.0	6.0	6.6	7.7	8.7	12.5	13.0	16.9	17.4	6.9	7.3	8.7	9.2	8.6	10.1	9.1	10.4	9.9	10.8
Diabetes mellitus	18.3	20.5	22.2	27.3	26.4	28.6	23.8	23.0	29.0	29.5	17.5	14.3	21.7	24.6	26.2	25.6	28.0	27.8	27.6	31.5	22.7	24.9	22.2	22.8	24.1	26.4	24.2	24.9	26.2	26.8
History of falls, syncope, or gait abnormality	18.1	18.5	15.5	18.9	13.3	15.4	15.4	15.4	14.1	14.0	6.1	6.6	9.5	9.2	15.3	16.2	22.2	20.4	28.6	30.6	24.4	26.0	16.9	19.9	13.0	13.3	11.3	13.6	9.7	9.4
Hypertension	5.2	6.5	3.7	3.1	3.3	1.9	4.6	4.6	3.2	2.7	5.5	3.7	4.1	3.3	3.4	2.1	3.6	3.7	2.9	3.7	3.6	4.0	4.4	5.6	4.6	3.2	3.8	3.2	3.4	3.0
Hyperparathyroidism	0.5	1.0	0.5	0.8	1.6	1.2	1.8	0.8	1.6	2.3	1.6	0.7	1.3	0.4	0.9	1.6	1.1	1.0	0.8	1.1	1.8	2.3	1.8	1.8	1.2	1.1	0.6	0.7	0.2	0.2
Ischemic stroke	4.9	5.0	5.5	8.1	4.7	4.1	5.8	5.0	5.0	5.3	1.8	1.5	4.0	3.1	4.6	4.8	7.2	7.6	10.4	10.4	8.2	4.5	6.0	7.7	5.1	4.3	3.7	6.8	2.3	2.1
Liver disease	4.8	4.0	4.8	6.1	4.4	5.1	4.5	5.0	4.9	4.8	2.4	2.2	4.3	4.8	4.9	4.4	5.8	5.4	7.0	7.7	6.2	8.5	5.3	3.9	4.5	5.2	4.0	3.8	3.3	3.8
Malignant neoplasm	16.0	14.0	16.4	15.0	18.6	19.8	17.3	16.3	19.5	20.3	14.7	16.1	17.0	16.5	19.4	18.2	18.6	18.0	18.2	18.8	23.9	19.2	18.1	16.6	17.3	12.8	14.0	18.8		

Appendix Table 2—Continued

Covariate	Risedronate Propensity Score										Calcitonin Propensity Score										Raloxifene Propensity Score									
	Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5	
	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL
SSRI	1.4	0.0	1.5	1.7	2.6	3.3	1.3	2.2	2.3	2.1	0.6	1.1	1.0	1.1	2.2	1.8	3.3	3.0	2.4	3.3	1.2	0.0	1.9	2.1	2.5	2.9	1.9	1.8	1.7	2.4
Non-SSRI antipsychotic	2.3	3.0	1.9	1.9	2.7	1.9	1.5	2.0	1.6	2.1	0.9	1.1	1.8	2.6	1.7	2.0	3.1	3.0	3.2	3.0	1.1	0.6	2.0	2.4	2.3	1.6	2.4	2.7	2.5	3.0
Thiazide diuretic	2.2	1.0	1.4	2.5	0.7	0.6	1.6	1.4	1.1	0.8	0.8	0.0	1.3	1.5	1.5	1.5	1.6	1.1	2.0	2.0	4.3	2.3	1.1	1.8	0.8	0.9	0.4	0.4	0.1	0.1
Thyroid drug	3.6	5.5	5.3	6.1	7.5	6.4	5.9	6.4	8.9	9.2	5.0	5.9	5.9	5.5	7.3	7.5	6.4	6.5	6.3	7.0	4.9	6.2	6.6	7.1	7.1	8.1	6.3	6.8	5.7	5.2
Miscellaneous sleep agent, hypnotic agent, or barbiturate	1.2	1.0	1.2	1.1	1.3	0.8	1.5	1.3	1.0	1.8	0.7	0.0	1.2	1.1	1.3	1.8	1.8	1.8	1.9	2.2	0.8	0.6	1.3	0.6	1.1	0.7	1.8	2.5	1.8	1.8

* ALD = alendronate; CCT = calcitonin; COPD = chronic obstructive pulmonary disease; COX-2 = cyclooxygenase-2; NSAID = nonsteroidal anti-inflammatory drug; RAL = raloxifene; RSD = risedronate; SSRI = selective serotonin reuptake inhibitor.
 † Quintile 1 = score 0; quintile 2 = score 1; quintile 3 = score 2; quintile 4 = score ≥3.

Appendix Table 3. Propensity Score Quintiles: Pennsylvania*

Covariate	Risedronate Propensity Score										Calcitonin Propensity Score										Raloxifene Propensity Score										
	Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		
	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL	
Mean age (SD), y	79.8 (7.1)	80.2 (6.9)	78.8 (6.4)	79.3 (6.5)	79.1 (6.9)	79.6 (7.2)	78.4 (6.7)	78.2 (6.8)	77.9 (6.3)	78.3 (6.4)	74.5 (5.5)	74.7 (5.5)	77.4 (5.6)	77.3 (5.8)	79.0 (6.0)	79.4 (6.2)	80.9 (6.2)	80.8 (6.3)	83.8 (6.6)	84.3 (6.6)	82.1 (7.1)	83.6 (6.4)	80.4 (6.4)	81.2 (6.0)	79.2 (6.0)	79.3 (6.0)	77.3 (5.8)	77.6 (6.0)	74.7 (5.8)	74.7 (6.0)	
Men, %	5.6	7.1	3.3	3.4	6.0	5.5	7.3	4.9	2.9	2.9	3.3	2.2	4.1	2.9	4.7	5.4	6.0	6.1	7.7	6.0	24.8	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
White, %	94.0	93.4	96.6	96.1	92.9	94.5	92.9	93.9	96.3	97.1	89.9	94.8	94.3	95.6	95.9	95.0	96.1	96.2	97.8	98.1	92.7	93.9	93.7	94.0	95.1	93.9	95.3	96.8	96.5	96.9	
Year of index prescription, %																															
2000	22.9	21.4	14.0	24.1	22.5	24.1	0.6	0.5	0.0	0.0	0.1	0.4	2.4	3.1	7.2	9.1	18.7	22.8	41.5	52.8	3.0	2.7	2.1	4.5	4.9	7.9	10.3	17.7	44.9	54.0	
2001	42.1	47.9	70.5	62.2	9.9	6.1	0.0	0.0	0.0	0.0	7.9	8.9	25.3	20.8	35.5	28.7	36.2	30.1	27.7	20.5	14.8	15.0	26.7	23.7	34.1	27.5	35.6	31.6	19.4	11.5	
2002	34.8	30.7	14.9	12.8	34.5	34.7	16.7	17.0	3.6	3.3	13.1	13.0	23.3	21.6	25.7	24.0	22.8	20.9	18.0	15.0	13.8	5.4	16.1	15.6	23.4	21.6	29.7	24.9	23.8	22.4	
2003	0.1	0.0	0.3	0.5	18.7	21.4	30.6	33.5	29.3	30.6	20.8	21.9	19.4	22.0	14.5	20.0	11.4	12.6	6.5	6.5	10.9	9.5	15.5	18.0	20.8	24.3	17.2	18.2	9.9	10.5	
2004	0.0	0.0	0.2	0.2	6.8	7.5	26.8	26.1	48.6	49.2	35.3	31.9	17.8	21.6	10.6	11.9	6.8	8.8	4.2	3.8	31.1	36.1	25.2	28.2	12.5	14.6	6.5	6.5	1.7	1.7	
2005	0.0	0.0	0.1	0.3	7.6	6.4	25.4	23.0	18.5	16.9	22.8	24.1	11.8	11.0	6.5	6.3	4.0	4.7	2.0	1.4	29.4	31.3	14.4	12.9	4.4	4.1	0.8	1.0	0.1	0.0	
Age group, %																															
65-69 y	9.1	6.8	8.0	8.1	10.6	10.8	11.2	12.0	10.3	8.9	21.6	19.3	10.9	10.6	7.3	7.0	4.7	5.0	1.9	2.1	4.8	0.7	5.0	3.0	6.9	5.6	10.6	10.4	23.3	24.8	
70-74 y	15.2	15.6	18.8	17.8	17.1	15.3	19.8	19.6	19.7	19.5	29.4	30.7	20.8	22.0	17.4	16.9	11.9	12.3	7.9	6.3	11.0	7.5	14.9	12.0	15.5	17.3	22.8	20.6	27.4	26.8	
75-79 y	23.0	22.2	27.5	22.8	24.4	23.8	23.7	24.5	29.8	29.0	30.7	29.3	30.9	31.8	26.3	24.3	21.6	22.6	16.0	14.2	21.3	21.8	24.6	23.7	28.5	27.5	28.7	29.7	25.1	22.6	
80-84 y	24.6	27.9	26.7	28.9	24.1	23.3	24.4	24.3	25.7	25.4	14.2	18.5	26.3	22.5	29.1	30.7	30.6	30.2	25.6	25.2	23.3	21.8	27.1	29.1	28.8	30.0	26.3	25.9	19.3	20.3	
85-89 y	18.8	18.4	15.0	17.6	16.6	17.8	16.5	14.9	12.5	14.4	4.0	2.2	10.4	12.7	17.1	16.6	24.3	23.0	27.6	28.6	24.6	30.6	21.2	24.9	17.3	16.0	10.6	10.7	4.5	5.1	
≥90 y	2.7	2.7	1.0	1.5	2.7	3.0	1.7	1.2	0.2	0.5	0.1	0.0	0.3	0.4	1.3	1.8	2.7	2.1	4.9	5.4	3.6	4.8	3.1	2.1	1.0	1.6	0.4	1.0	0.0	0.0	
Hospitalized in previous year, %	36.0	42.5	17.9	18.4	31.7	33.1	21.4	23.2	11.2	9.4	5.1	5.6	11.5	11.0	21.3	21.2	35.6	36.9	54.0	55.9	40.3	40.1	28.7	33.0	21.7	23.2	15.5	15.5	10.2	8.5	
Comorbidity score quartile, %																															
1	30.6	26.6	31.5	30.2	30.1	27.3	39.8	38.5	31.0	32.4	49.1	49.6	42.5	41.0	30.8	29.5	22.4	23.0	11.5	10.9	15.3	17.7	26.6	23.4	29.5	30.2	42.1	39.0	51.8	50.4	
2	22.3	23.8	25.5	25.4	21.7	21.0	21.2	21.5	22.9	21.2	25.1	25.9	23.8	22.0	24.3	21.6	20.9	21.9	18.6	18.5	18.1	13.6	21.2	22.8	24.8	25.5	25.2	25.4	24.8	24.8	
3	16.4	14.8	20.4	21.2	18.0	18.7	14.5	15.2	23.1	22.7	16.0	14.4	17.2	17.9	19.5	20.3	19.9	19.6	20.4	20.4	22.4	23.8	21.1	19.2	19.3	18.7	16.4	16.1	12.6	13.8	
4	19.6	21.1	10.9	11.0	18.1	20.6	14.2	14.2	10.2	10.4	4.0	4.4	7.8	8.7	13.5	14.6	21.5	21.1	30.9	32.2	26.0	23.1	17.2	20.7	14.8	14.9	8.3	10.9	5.3	4.9	
Osteoporosis-related variables, %																															
Osteoporosis	40.2	37.8	60.4	53.3	50.8	49.8	41.1	43.7	67.5	65.8	64.3	60.4	54.7	54.5	49.6	48.4	46.3	45.5	42.3	41.5	60.6	64.6	56.5	58.6	55.9	61.9	46.6	42.8	39.0	34.2	
Kyphosis	2.1	2.2	2.1	3.2	2.5	2.9	2.6	2.9	3.2	2.9	1.5	2.6	1.3	2.5	2.1	2.8	3.3	3.0	5.0	5.2	4.5	2.7	3.2	3.9	1.9	3.4	1.6	1.8	1.1	0.8	
Previous fracture																															
Vertebral	13.3	15.1	4.4	6.1	10.9	12.1	5.4	6.2	2.1	2.2	0.3	0.0	0.9	1.2	3.8	4.8	10.0	12.8	27.2	28.6	16.7	23.8	9.6	9.9	5.1	7.7	2.8	2.9	1.1	0.6	
Nonvertebral (hip, humerus, radius or ulna)	9.6	10.7	4.4	4.4	8.7	8.1	5.8	4.7	2.3	2.3	3.2	1.9	4.8	4.0	5.8	5.1	8.3	8.1	10.0	9.3	10.9	15.0	9.7	6.6	5.1	5.4	3.1	2.9	1.5	1.3	
Other	5.0	4.1	5.4	5.3	6.2	5.3	4.9	5.4	5.5	5.7	3.5	1.9	4.7	5.4	5.6	5.0	7.0	6.6	6.7	6.8	8.0	7.5	7.9	9.3	5.9	4.5	2.4	3.4	2.4	2.0	
Comorbid conditions, %																															
Alzheimer disease or other dementia	7.8	9.3	5.2	7.6	6.4	8.3	5.9	4.9	5.0	5.8	1.2	1.9	3.2	1.7	4.7	6.7	9.1	9.6	14.8	16.4	11.0	8.8	8.0	13.2	5.1	5.6	3.6	4.0	2.1	1.8	
Asthma or COPD	19.7	26.0	20.3	19.9	21.0	21.6	16.9	18.4	19.5	18.6	11.6	11.9	14.2	14.5	19.6	21.2	25.7	25.7	29.8	31.0	28.8	23.8	19.8	23.1	20.0	18.9	15.5	18.7	12.5	12.3	
Cataracts	35.1	34.8	36.2	36.0	35.1	35.5	32.6	32.1	34.1	32.3	34.3	29.6	34.5	34.5	35.6	35.1	34.3	34.0	34.5	33.9	35.6	25.9	34.4	35.4	35.5	35.4	35.6	33.7	31.7	35.1	
Crohn disease or gastroenteritis	5.3	5.2	3.6	7.3	4.1	4.6	3.4	3.7	3.4	2.5	1.7	1.5	2.1	3.1	3.7	4.5	5.7	6.3	7.8	7.8	3.5	4.1	4.5	4.5	3.5	6.3	4.2	4.5	4.1	3.7	
Depression	10.9	14.0	9.3	9.0	11.2	11.0	8.2	9.7	11.1	12.1	4.4	5.2	6.4	6.9	10.1	9.9	13.2	14.5	19.2	20.3	11.7	17.0	10.5	13.8	10.5	12.4	10.0	8.5	7.4	8.0	
Diabetes mellitus	20.6	22.7	21.9	23.9	22.7	24.8	20.7	22.2	26.4	24.5	17.8	18.5	19.9	21.4	22.5	21.9	25.5	25.5	27.9	28.7	27.1	25.9	22.6	26.4	23.5	22.1	20.6	20.9	17.4	19.3	
History of falls, syncope, or gait abnormality	22.4	24.4	13.9	15.3	23.3	24.1	15.9	16.2	11.8	11.0	6.5	4.8	11.0	11.8	15.9	15.2	24.4	26.2	34.5	35.0	31.3	34.0	22.4	24.0	15.8	18.2	10.2	10.5	6.2	5.1	
Hyperthyroidism	2.9	2.2	3.6	3.7	2.9	3.7	3.1	2.1	3.8	4.5	2.1	2.2	3.4	2.5	3.3	3.0	3.8	3.8	3.9	4.7	4.8	5.4	4.7	3.0	2.8	2.9	2.4	3.2	1.5	1.6	
Hyperparathyroidism	0.3	0.3	0.7	0.8	1.5	0.6	0.5	0.6	1.9	2.5	0.8	1.5	1.3	0.8	0.7	1.4	0.7	0.7	1.3	0.8	2.0	2.0	1.1	1.2	0.9	0.7	0.5	0.2	0.2	0.5	
Ischemic stroke	8.1	8.2	4.0	5.8	7.4	7.4	5.1	4.5	3.5	2.8	3.1	2.6	3.7	3.5	5.2	6.4	6.7	7.2	10.8	9.7	10.2	8.8</									

Appendix Table 3—Continued

Covariate	Risedronate Propensity Score										Calcitonin Propensity Score										Raloxifene Propensity Score									
	Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5		Quintile 1		Quintile 2		Quintile 3		Quintile 4		Quintile 5	
	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	RSD	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	CCT	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL	ALD	RAL
Selective COX-2 inhibitor	4.6	3.8	5.4	5.2	4.2	4.0	3.7	3.6	4.3	4.2	4.9	3.7	4.5	5.4	4.2	4.1	4.4	4.1	4.2	3.5	5.3	3.4	4.3	4.2	4.8	3.6	4.9	4.2	2.7	3.5
Other NSAID	3.3	4.7	2.1	1.8	2.9	2.4	1.7	1.7	1.1	0.7	2.6	2.2	2.4	2.1	1.8	1.8	2.1	2.0	2.1	2.2	0.9	0.0	1.7	2.1	2.3	0.9	2.4	2.2	4.0	4.4
SSRI	1.9	1.9	2.4	1.9	2.1	2.4	2.0	1.7	3.7	4.5	1.8	1.1	1.7	2.1	2.3	2.7	2.9	3.3	3.7	3.5	3.9	5.4	3.1	2.4	2.1	2.3	1.5	2.6	1.4	0.8
Non-SSRI antipsychotic	3.5	3.8	3.1	3.1	3.2	3.4	3.3	3.7	2.5	2.5	2.2	1.9	2.8	2.3	3.2	2.4	3.6	4.3	3.9	5.0	1.8	3.4	2.6	3.0	2.6	3.6	3.9	3.8	4.8	4.8
Thiazide diuretic	1.1	0.8	0.8	2.1	1.0	0.5	1.7	1.1	1.3	1.6	1.7	1.9	1.3	1.5	1.0	0.9	1.1	1.0	0.5	0.6	1.3	2.0	1.3	0.6	1.0	0.7	1.6	1.4	0.6	1.1
Thyroid drug	8.9	10.4	12.1	12.3	10.3	11.3	10.6	10.4	14.8	15.3	10.6	11.5	11.5	11.6	11.4	14.2	11.9	11.3	11.2	11.1	10.7	15.0	11.2	11.7	12.3	11.7	11.8	12.5	10.4	9.5
Miscellaneous sleep agent, hypnotic agent, or barbiturate	1.6	1.1	1.0	1.5	1.5	0.7	1.1	1.1	0.7	0.9	0.7	1.1	0.7	1.0	1.2	0.7	1.4	1.5	2.1	1.8	2.4	2.0	1.7	1.2	0.9	1.6	0.5	0.3	0.3	0.3

* ALD = alendronate; CCT = calcitonin; COPD = chronic obstructive pulmonary disease; COX-2 = cyclooxygenase-2; NSAID = nonsteroidal anti-inflammatory drug; RAL = raloxifene; RSD = risedronate; SSRI = selective serotonin reuptake inhibitor.
 † Quintile 1 = score 0; quintile 2 = score 1; quintile 3 = score 2; quintile 4 = score 3.