To The Secretary to The Committee on Alco-pops, The Senate, Parliament House, Canberra, A C T

From Dr S Robinson, 11 Marc Place, Cleveland, 4163

11 June 2008

Dear Secretary,

I ask that you bring to the attention of members of the Committee the following submission:-

The increasing incidence of youth being involved in violence, fanned by alcohol is a matter for concern. Equal concern ought to be addressed to the increasing violence among the adult population.

Senate Commun

Committee

Underlying this is the observation that the Australia diet is generally becoming increasing acid through the consumption of junk foods, particularly sugar, white flour and white rice: and, with acidity the increase of the likelihood of resort to violence as is the a case of carnivores who kill to eat. In short steps to increase the consumption of nutritious food appropriate to hu'kind's digestion system should be the focus. We are what we eat, an example of this is the instance of a breast feed baby is more content that another otherwise fed. If hu'kind was more content then there would be less resort to alcohol (in whatever form) and therefore to violence alcohol fuelled or otherwise.

I draw members of the Committee's attention to the work of Dr Weston Price entitled "Nutrition and Physical Degeneration" being the result of research into the role of nutrition into tooth decay. He maintains that nutrition also affects mental degeneration. He also propounds that the parents of violent youth ought themselves to stand in the dock side by side with their violent youth: they are responsible for how they fed their children - "we are what we eat". It is also inevitable as nutrition is a vital factor in how we behave.

The work of Dr Price is continued by the Price Pottinger Institute in California.

In short as increasing the tax on a product lessens the sale and hence use of that product, I support the increasing the tax on all forms of alcohol. I support the imposition of a tax of at least 25% on all forms of junk food. That the proceeds of these taxes be divided initially between the health system and by subsidizing the cost of fruit (including nuts) and then entirely in subsidizing the cost of fruit.

S O'Connel's book entitled, "The Grass that changed the World" particularly the chapter entitled "Sweet Nothings" is relevant.

We cannot continue to overlook the fact that the digestive system of hu'kind is that of a fruitarian.

Yours faithfully,

Dr S Robinson

(not a medico)