

Senate Community Affairs Reference Committee.

Dear Secretary,

### **Treatment Options for Cancer.**

This is important. Too many people die after conventional medical treatment for cancer, and too many more people become too sick from it. Conventional treatments of surgery, chemotherapy and radiotherapy weaken the body's health and vitality, and thus its resistance to cancer.

To compound the problem, the law often restricts naturopaths from treating cancer, or advertising such treatment. Some changes are evidently needed.

**Legal Barriers.** Why not change the law to uphold the rights of a naturopath to treat cancer independent of doctors ?

Why not issue special licences to treat cancer to naturopaths who have completed special training in the naturopathic college ?

**Research.** May I recommend the Cancer Cure Foundation in America. This non profit group is dedicated to researching and providing information about alternative cancer treatments since 1976. They describe many alternative treatments on their website of [cancure.org](http://cancure.org)

**Multidisciplinary Approach.** May I suggest the approach of Mark Elliot, of Werribee, Victoria. He specialised in natural cancer treatment without conventional treatment, and did not fail to point out the problems of conventional treatment of cancer. He recommended a multi faceted approach. This includes all the following –

- Naturopathic treatment tailor made to your medical situation
- Strictly healthy and pure diet until cured (see below)
- Only pure drinking water
- Buteyko breathing
- Tactile therapies if feeling stiff, like massage and osteopathy
- Positive outlook on life, like meditation or emotional therapy
- Fasting (see below)
- Exercise, including weight bearing exercise
- Avoid chemical exposure, and chemically grown or processed food.

**Strictly Pure Diet.** This excludes all the following –

Refined sugar, refined flour, cows milk and cheese, unpurified water, coffee and black tea, chemically grown fruit and veg, chemical food additives like , artificial colours, flavours, and preservatives, pesticides, fried food.

Wheat products and bread are often restricted too.

Many nice healthy alternatives are suggested instead.

**Fasting.** Hilde Hemmes, of Adelaide, and well known practitioner, author and wholesaler of herbal medicine, details detox fasting in her book “Herbs and Health,” published in 1999. The products you need for your fast are available in health food shops. Her website is [asohm.com.au](http://asohm.com.au)

**Assessing Efficacy of Independent Natural Treatment of Cancer.**

Why not approach those natural therapists with extensive experience in giving natural treatment of cancer to patients who refuse conventional treatment ? They can advise you on the efficacy of their treatment.

Contact Renner Health in Perth, on (08) 93302522, and Mark Elliot on (03) 97426989 near Melbourne.

Most naturopaths will not have extensive experience in independent treatment of cancer. The National Herbalists Association of Australia has 1000 members, and most of their patients do not refuse conventional treatment for cancer.

**Understanding Cancer.** Cancer cells often are present in the healthy body, but they're but kept under control. The disease of cancer occurs when the body loses this control, and cancer takes off.

So cancer can be understood as a serious breakdown of the body's ability to look after itself. This is probably why so many people die after conventional treatment of cancer, for this weakens the body's natural defences and health. This also indicates why independent natural treatment of cancer must be multifaceted to cure.

I speak from my own experience of recovering from malignant cancer, by refusing conventional treatment, despite repeated urging from the doctor. I say professional treatment is needed for cancer.

Please circulate this to the members of the committee.

I wish you all well in your difficult job of assessing cancer treatment options.

Yours sincerely,  
Mike Browning.