

The Centre is open from
Monday to Friday 9.30am to 4.30pm

Address: Brownes Cancer Support Centre
Sir Charles Gairdner Hospital
E block, ground floor,

Hospital Ave, Nedlands, WA 6009.



Located next to the Haematology Care Centre
in Watling Street (opposite Newsagent)

Coordinator: David Oliver
Phone (08) 9346 7630

The Brownes Dairy Cancer Support Centre is at the forefront of integrating Complementary Therapies and Mainstream Medical Practices in Western Australia. It is self funding and relies on your donations to meet ongoing costs and conduct research into complementary therapies.

Founding Sponsor: Brownes Dairy

FUNDRAISING: The Support Centre is dependent on the generosity of public donations for its existence. If you would like to help raise funds then contact David Oliver on the above phone number.

Name:
Address:.....
.....Ph:.....
Email:

Please make cheques/money orders payable to BCSC
A receipt will be posted to you acknowledging your contribution.
All donations over \$2.00 are tax deductible.

Would you like to go on our newsletter mailing list Yes / No



**BROWNES DAIRY SUPPORT CENTRE
for CANCER AND LEUKAEMIA**

A purpose built Centre at

Sir Charles Gairdner Hospital
Perth, Western Australia

offering

**Complementary Therapies
and
Information Service**

**This is a free service
for cancer patients & carers**

No referrals are necessary.

Confidentiality and Privacy is maintained at all times.

About us

The Brownes Dairy Cancer Support Centre is an initiative of Dr David Joske, Head of Haematology, and supported by Sir Charles Gairdner Hospital.

While excellent resources have long been available to treat the disease at the medical level, Dr Joske recognised there was a need to fill a gap between point of diagnosis and ongoing treatment of cancer. Hence the drop-in centre was created to provide support for the emotional and psychosocial needs of cancer patients and their families.

The Support Centre opened on 10th September 2001. We now have two years of quality research that shows significant improvements in Quality of Life outcomes and Symptom Control for people receiving treatment at the Centre.

Volunteers

All the therapists and reception staff are volunteers working with, and complementing mainstream medical treatments for cancer. It is a co-operative effort based on the needs of patients and their families.

Our volunteers are available to assist you and will be happy to share of their own experiences and understanding.

Integrating Complementary Therapies with the Medical Profession

At the Brownes Dairy Cancer Support Centre we use touch based complementary therapies alongside the mainstream medical treatments.

Other similar institutions overseas have shown that providing mainstream medical treatments for cancer side-by-side with complementary therapies in a non-clinical environment can produce positive results for patients.

Complementary Therapies

Are those treatments given alongside the standard cancer treatments of surgery, radiotherapy and chemotherapy. Many complementary therapies are traditionally accepted by doctors because they can help people feel better and cope better with the side effects of standard cancer treatment.

Fees

All services are offered on a donation only basis to all cancer patients and their carers.

Complementary therapies available:

- Acupuncture
- Aromatherapy
- Beauty Therapy
- Bowen Therapy
- Chi Breathing & ChiMeditation
- Counselling
- CranioSacral Therapy
- Creative Art Therapy
- Healing Touch
- Healing Breath
- Kinesiology
- Relaxation Massage
- Pranic Healing
- Reflexology
- Reiki

CREATIVE ART EXHIBITION 2004



CENTRE RECEPTION



Information

The Cancer Support Centre also provides information on

- Accommodation
- The various forms of cancer
- Links with local and national cancer support groups
- Internet access
- Understanding the side effects of treatment

Pre and Post-treatment visits

Visit us before and during your radiotherapy and chemotherapy treatment. Keep visiting us after your radiotherapy and chemotherapy are finished. Remember to keep your doctor informed at all times of any complementary therapy treatments you are having.

We are a drop-in centre

Feel free to come in, sit quietly in our lounge or chat with our volunteer staff. Have a cup of tea or coffee while reading from our extensive library.