



ACUTE TRANSITION ALLIANCE
Providing the
HOME REHABILITATION & SUPPORT SERVICE

Facts At A Glance

JAN 2002 TO DECEMBER 2003

PARTICIPATING HOSPITALS

ANGASTON DISTRICT HOSPITAL
BALAKLAVA HOSPITAL
CLARE HOSPITAL
FLINDERS MEDICAL CENTRE
GAWLER HEALTH SERVICE
HAMPSTEAD REHABILITATION CENTRE
KAPUNDA HOSPITAL
LAMEROO HOSPITAL
LYELL MCEWIN HOSPITAL
MANNUM DISTRICTS HOSPITAL
MODBURY HOSPITAL
MT BARKER HOSPITAL
MT PLEASANT HOSPITAL
MURRAY BRIDGE
NOARLUNGA HEALTH SERVICE
REPATRIATION GENERAL HOSPITAL
ROYAL ADELAIDE HOSPITAL
SOUTHERN DISTRICTS MEMORIAL HOSPITAL
ST MARGARETS REHABILITATION UNIT
STRATHALBYN HOSPITAL
TAILEM BEND HOSPITAL
TANUNDA HOSPITAL
THE QUEEN ELIZABETH HOSPITAL

PARTICIPATING AGED CARE PROVIDERS

ACH GROUP
ADELAIDE HILLS COMMUNITY HEALTH SERVICE
ANGLICARE SA
ALWYNDOR AGED CARE
BAROSSA VILLAGE AGED CARE
COUNTRY HOME ADVOCACY PROGRAM
ELDERLY CITIZENS HOMES SA
ELDERCARE INC
GLENEAGLES AGED CARE
HELPING HAND AGED CARE
ITALIAN BENEVOLENT FOUNDATION
FULLARTON LUTHERAN HOMES
MASONIC HOMES
MURRAY MALLEE AGED CARE
RESTHAVEN INC
SOUTHERN CROSS CARE
TREGENZA AVENUE AGED CARE
WESLEY MISSION
OTHER PARTICIPATING ORGANISATIONS
COUNCIL ON THE AGEING (COTA)
AGED CARE ASSESSMENT TEAMS

*Collaboration between SA Department of
Human Services and Commonwealth
Department of Health and Ageing*

The ATA is a pilot program for older people who have been in hospital and are expected to benefit from rehabilitation & support. The service provides short term rehabilitation and support services either in a person's own home or temporarily in a residential aged care facility. The ATA aims to provide planned services to achieve the best possible level of function, and a resumption of the lifestyle and accommodation of choice.

- At discharge from the ATA, over 60% of people went home (24% with additional community services, 21% with their existing community support, and 15% with no additional support). 20% were readmitted to hospital (of whom two thirds returned to the Program). Fewer than 17% of people were discharged to residential aged care.
- 778 referrals have been received since the Program began, and an average of 36 referrals per month were made in 2003.
- 488 older people were admitted to the program, which is about 65% of all referrals
- 30% of people were admitted within 4 days of the initial referral, while over 60% were admitted within 7 days of the initial referral
- An average of 48 older people receive services at any one time
- Less than half of all people served received services in a residential care setting and a bit more than half received services in their own home.
- Clients admitted to the program had spent an average of 35 days in hospital prior to admission, with 8% having been in hospital for more than 65 days
- Most of those people previously approved for high or low level residential care showed an improvement in their level of functioning as a result of the Program. (HLC : 70%) (LLC: 82%)
- Over 63% of people were discharged at a lower RCS level.
- Clients spent an average of 54 days on the ATA/HRSS program.
- The average age of clients admitted was 83 years, with 36% aged more than 84 years, and 5% aged less than 65years. 64% of all clients were female.
- Over 76% of clients referred, received only one or no services prior to admission to hospital, and that service was usually only equipment.
- 12.7% of all clients were from a culturally and linguistically diverse background including 32% Italian and 15% Polish.
- Of the people not accepted to the program: 20% were discharged from hospital to another option, 14% were deemed to be medically unstable following assessment, for 15% a residential placement was not available in the preferred region, 12% needed permanent residential care with no rehab potential, 11% were deemed not able to benefit from the rehabilitation and 15% needed only community supports.

Administered by the ACH Group:

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