



Detention Service Menu: Villawood

| Week One | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|--|--|---|---|---|--|--|
| BREAKFAST | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Boiled Eggs Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads |
| Morning Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| LUNCH | Channa Masala Or Chicken Pasta & Veg Or Lamb Cassarole With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad | Panir Palak Or Prawn Quiche & Veg Or Chicken Hoisin With Steamed Rice & Fresh Fruit Assorted Bread Mixed bean Salad | Lentil Casserole Or Chicken Burger Or Chips With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad | Pasta Bake Or Malayasian Egg Curry Or Beef & Hokkien Noddles With Steamed Rice & Fresh Fruit Assorted Bread Coleslaw | Aloo Jeera Or Fried Fish & Chips With Steamed Rice & Fresh Fruit Assorted Bread Meditaranian salad | Masoor Dhal Or BBQ Or Soup Of the Day With Steamed Rice & Fresh Fruit Assorted Bread Russian Salad | Aloo Bean Masala Or Chicken Fried Rice Or Fish in Hot Garlic Sce With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad |
| Afternoon Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| DINNER | Eggplant Bhojpuri Or Beef Blackbean Or Ginger Chicken With Steamed Rice & Seasonal Vegetables Fresh Fruit Salad Assorted Bread | Raajma Aloo Or Rice Sticks/ Fish & Tofu Or Stirfry Pork & Veg With Steamed Rice & Seasonal Vegetables Ice Cream Assorted Bread | Tofu Veg Stirfry Or Beef Stir fry Or Chicken Curry With Steamed Rice & Seasonal Vegetables Cake of the day Assorted Bread | Lentil Casserole Or Chicken & Chlli Bean Or Tofu & Veg. Fried Ricc With Steamed Rice & Seasonal Vegetables Fruit Crumble Assorted Bread | Panir & Peas Or Chicken Mexican Or Five Spice Pork With Steamed Rice & Seasonal Vegetables Ice Cream Assorted Bread | Bean Tofu Veg Stirfry Or Sweet & Sour Pork Or Chicken Jalfarezi With Steamed Rice & Seasonal Vegetables Strawberry Mousse Assorted Bread | Channa Dall Or Seafood Vol au vent Or Roast Chicken With Steamed Rice & Seasonal Vegetables Fruit Jelly Assorted Bread |
| Supper | Supper/ Biscuits | Supper/Cake | Bread Butter Jam | Supper/Biscuits | Supper/Cake | Bread Butter Jam | Supper/Biscuits |



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| Week Two | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|---|---|--|---|---|---|--|
| BREAKFAST | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Boiled Eggs Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads |
| Morning Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| LUNCH | Vegetable Bake Or Chicken Kadai Or Pork in Plum Sauce. With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad | Panir Jehangiri Or Lamb Goulash Or Pasta Marinara With Steamed Rice & Fresh Fruit Assorted Bread Mixed Bean Salad | Aloo Benarasi Or Hamburgers & Chips With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad | Pasta Eggplant Bake Or Pork Five Spice Or Thai Chicken Curry With Steamed Rice & Fresh Fruit Assorted Bread Coleslaw | Raajma Fry Masala Or Fried Fish & Chips With Steamed Rice & Fresh Fruit Assorted Bread Mediteranian Salad | Okra and Yoghourt Or Mongolian Lamb Or Rice Sticks Chicken/Veg With Steamed Rice & Fresh Fruit Assorted Bread Potato Salad | Dall Maharani Or Egg & Potato Curry Or Beef Stir Fry Nodle With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad |
| Afternoon Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| DINNER | Black Eye Bean Curry Or Noodle w. Fish & Veg. Or Chicken Szchuan With Steamed Rice & Seasonal Vegetables Fresh Fruit Salad Assorted Bread | Dhall with Spinach Or Beef Cassarole Or Thai Chicken Curry With Steamed Rice & Seasonal Vegetables Ice Cream Assorted Bread | Lentil Cassarole Or Stir fry Chick.Garlic Sc. Or Seafood Fried Rice With Steamed Rice & Seasonal Vegetables Cake of the day Assorted Bread | Vegetable Flan Or Lamb khorma Or Beef & Oyster Sce With Steamed Rice & Seasonal Vegetables Fruit Crumble Assorted Bread | Stuffed Capsicum Noorjehani Or Egg & Tofu Noodles Or Chicken Manchurian With Steamed Rice & Seasonal Vegetables Ice Cream Assorted Bread | Egg Plant With Tomato Relish Or Thai Chicken Curry Or Pork Stir Fry with Steamed Rice & Seasonal Vegetables Cream custard Assorted Bread | Topiaca Masala Curry Or Fish Provancale Or Peking Chicken With Steamed Rice & Seasonal Vegetables Fruit Jelly Assorted Bread |
| SUPPER | Supper/Biscuits | Supper/Cake | Bread Butter Jam | Supper/Biscuits | Bread butter Jam | Supper/Muffins | Supper/Biscuits |



Detention Service Menu: Villawood

| Week Three | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|--|--|--|---|---|--|---|
| BREAKFAST | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Boiled Eggs Milk Assorted Bread Butter/Margarine Jams/Spreads | Assorted Cereals Fresh Juice Continental Milk Assorted Bread Butter/Margarine Jams/Spreads |
| Morning Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| LUNCH | Masur Dhal Or Lamb Casserole Or Egg & Tofu Fried rice With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad | Raita Or Pork Casserole Or Mughalali Biryani With Steamed Rice & Fresh Fruit Assorted Bread Mixed Bean Salad | Mixed Lentil Masala Or Chicken Burgers & Chips With Steamed Rice & Fresh Fruit Assorted Bread Fresh Garden Salad | Spicy Dahl Or Pork in Plum Sauce Or Stir Fry Chicken/Noodle With Steamed Rice & Fresh Fruit Assorted Bread Potato salad | Lentil Casserole Or Fried Fish & Chips With Steamed Rice & Fresh Fruit Assorted Bread Mediterranean salad | Nava Rathan Dahl Or BBQ Or Soup Of The Day With Steamed Rice & Fresh Fruit Assorted Bread Cole Slaw | Channa Masala Or Tuna Pasta Or Lamb Hot Pot With Steamed Rice & Fresh Fruit Assorted Bread Green Salad |
| Afternoon Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| DINNER | Cabbage & Peas Or Brased Chicken Drums Or Fish Manchurian With Steamed Rice & Seasonal Vegetables Fruit Salad Assorted Bread | Kadi Pakora Or Braised Lamb Or Chicken & Veg Noodle With Steamed Rice & Seasonal Vegetables Ice Cream Assorted Bread | Vega Special Or Fish In Lemon Sc. Or Ginger Chicken With Steamed Rice & Seasonal Vegetables Cake Assorted Bread | Pasta Napoli Or Indonesian Chicken Curry Or Beef Stir Fry Oyster Sc. With Steamed Rice & Seasonal Vegetables Pudding Assorted Bread | Aloo Benarasi Or Chicken Chasseur Or Fried rice Veg & Tofu With Steamed Rice & Seasonal Vegetables Ice Cream Assorted Bread | Vegetable Rissoli Or Chicken Curry Or Szechuan Beef With Steamed Rice & Seasonal Vegetables Strawberry Mousse Assorted Bread | Eggplant, Capsicum & Potato Or Sweet & Sour Pork Or Chicken Jalfrezi With Steamed Rice & Seasonal Vegetables Fruit Jelly Assorted Bread |
| SUPPER | Supper/Biscuits | Supper/Cake | Bread Butter Jam | Supper/Biscuits | SuppeMuffins | Bread ButterJam | Supper/Biscuits |



Detention Service Menu

Villawood



DELAWARE NORTH COMPANIES
AUSTRALIA

| Week Four | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------------------|---|--------------------------|--------------------------|-------------------------|------------------------|--------------------------|----------------------|
| BREAKFAST | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals | Assorted Cereals |
| | Fresh Juice | Fresh Juice | Fresh Juice | Fresh Juice | Fresh Juice | Fresh Juice | Fresh Juice |
| | Continental | Continental | Continental | Continental | Continental | Boiled Eggs | Continental |
| | Milk | Milk | Milk | Milk | Milk | Milk | Milk |
| | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread |
| | Butter/Margarine | Butter/Margarine | Butter/Margarine | Butter/Margarine | Butter/Margarine | Butter/Margarine | Butter/Margarine |
| Jams/Spreads | Jams/Spreads | Jams/Spreads | Jams/Spreads | Jams/Spreads | Jams/Spreads | Jams/Spreads | |
| Morning Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| LUNCH | Chick Peas & Tomato | Cabbage & Peas | Channa Dhal | Navarathan Khorma | Dall Maharani | Capsicum & Potato | Masoor Dhall |
| | Or | Or | Or | Or | Or | Or | Or |
| | Spaghetti Bolognaise | Chicken w. Hokkie Noodle | Hamburger | Pork Casserole | Fried Fish | Lamb with Beans | Grilled Chicken |
| | Or | Or | & | & | & | Or | Or |
| | Roast Chicken | Fish in Garlic Crumbs | Chips | Egg & Veg Curry | Chips | Stir Fry Noodle w.Chick. | Fish Provancale |
| | With | With | With | With | With | With | With |
| Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | |
| & | & | & | & | & | & | & | |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | |
| Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | |
| Fresh Garden Salad | Mixed Bean Salad | Fresh Garden salad | Potato Salad | Cole Slaw | Greek Salad | Fresh Garden Salad | |
| Afternoon Tea | Tea / Coffee / Milk and cold water is available at all times | | | | | | |
| DINNER | Vegetable Jalfraizi | Mixed Lentil | Aloo Jeera | Raita | Ratatouie | Palak Paneer | Vegetable Rissole |
| | Or | Or | Or | Or | Or | Or | Or |
| | Chicken in Coconut sauce | Pork in BBQ Sauce | Beef Sukiyaki | Lamb Biryani | Fried Rice w.Egg &Tofu | Beef Manchurian | Thai Curry Chicken |
| | Or | Or | Or | Or | Or | Or | Or |
| | Lamb Mongolian | Chicken In Garlic Sauce | Seafood/ Veg. Fried rice | Chilli Chicken W. Beans | Chicken Stir Fry Fry | BBQ & Chicken Wings | Pork With Star Anis. |
| | With | With | With | With | With | With | With |
| Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | Steamed Rice | |
| & | & | & | & | & | & | & | |
| Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | |
| Fresh Fruit Salad | Ice Cream | Cake of the Day | Fruit Crumble | Ice Cream | Cream Custard | Fruit Jelly | |
| Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | Assorted Bread | |
| SUPPER | Supper/Muffins | Bread Butter Jam | Supper/Biscuits | Supper/Biscuits | Supper/Cake | Supper/Biscuit | Bread Butter Jam |