

Senate Finance and Public Administration Legislation Committee

ANSWERS TO QUESTIONS ON NOTICE

Prime Minister and Cabinet Portfolio

Department of the Prime Minister and Cabinet

Additional Estimates 8-11 February 2010

Question: PM81a-h

Topic: Staff de-stressing classes

Type of Question: Written

Date set by the committee for the return of answer: 26 March 2010

Number of pages: 2

The Sunday Telegraph reported on 17/01/2010 that PM&C staff are offered a number of different classes to de-stress. They include yoga, boxing mental health awareness classes. Only two people are quitting smoking.

- a) Can PM&C provide a list of all 'de-stressing' classes offered to public servants in PM&C?**
- b) What was the total cost of 'de-stressing' classes?**
- c) How many people took 'de-stressing' classes?**
- d) How many people undertook yoga classes?**
- e) What was the total cost of yoga classes?**
- f) How many people undertook boxing classes?**
- g) What was the total cost of boxing classes?**
- h) What is the cost of classes where participants quit smoking?**

Answer:

PM&C's 2009-10 Health and Wellbeing Program is currently in place and was developed in consultation with the Department's Consultative Committee and staff.

The following responses are relevant to the period 1 July 2009 to 17 January 2010.

The purpose of the program is to provide opportunities for staff to participate in health related activities.

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- a) The Department offered staff activities on a user pays basis covering fitness classes: circuit, boxfit and yoga. Health and wellbeing education and awareness sessions and information were also provided by the Department.
- b) Total cost to the Department relating to education and awareness sessions was \$593.
- c) The number of participants accessing the activities mentioned in (a) was 125.
- d) 64 staff.
- e) Nil cost to PM&C.
- f) 41 staff.
- g) Nil cost to PM&C.
- h) \$825