

Senate Standing Committee on Education Employment and Workplace Relations

**QUESTIONS ON NOTICE
Additional Estimates 2011-2012**

Agency - Comcare

DEEWR Question No. EW1105_12

Senator Bilyk asked on 15 February 2012 , Hansard page 69

Question

Comcare- exercise program

Senator BILYK: We have been waiting for some time on details of the medical rehabilitation program and exercise program. Can you tell me when it was first explained to my constituent that Comcare would not be developing an exercise program and that this would be a matter for her rehabilitation provider? Could you take that on notice for me and let me know? Mr O'Connor: Yes, I am happy to take that on notice.

Answer

Comcare has provided the following response.

In an email to your Senator Bilyk's office on 21 October 2011, Comcare advised that General Manager Ms Lesley Morrison had spoken to the constituent about her medical rehabilitation program and the recommendation to undertake an exercise program. Comcare also advised that they would speak to her former employer to ensure this happened. That discussion took place and the former employer is currently working with the constituent and her approved rehabilitation provider to finalise the details of the program.

Ms Morrison spoke to the constituent on 18 November 2011 to explain that she would need to find her own personal trainer. The personal trainer would be able to develop a program in conjunction with her medical practitioner and other treaters, which would take into consideration her restrictions, limitations and interests.

In a Comcare determination of 21 November 2011, the constituent was also advised that she should speak to her psychologist about measurable outcomes resulting from the exercise and rehabilitation programs.

On 16 February 2012, the constituent was provided with an additional determination. It contained information about the development of the exercise program, including the developing of self-monitoring measures and the setting of goals.