

# Corporate Services

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## Fact Sheet - Good Health Promotion

The Department recognises that employees who enjoy good health are likely to be more productive in the workplace. The department encourages employees to participate in activities that will have a beneficial effect on health and well-being and in accordance with paragraph 9.7 of the FaHCSIA Collective Agreement (CA), makes an annual payment to employees to support participation in these activities.

- Commencing April 2009, eligible ongoing employees will receive an annual payment of \$300 to facilitate employee participation in health promotion activities.
- Payment is taxed and made via the payroll system on the first payday on or after 1 April each year.

## Frequently Asked Questions

### What is a healthy activity?

Examples of activities that may improve health and well-being include, but are not limited to:

- Fitness programs
- Quit smoking programs
- Stress management programs
- Walking shoes
- Gym membership
- Running Shoes
- Weight loss programs
- Sports registration fees
- Fitness equipment

## More Information

Promoting Good Health Guide (DOC 152kb)

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