

Main treatment types for alcohol and other drugs

The main types of treatment as reported in the Australian Institute of Health and Welfare's (AIHW) Alcohol and Other Drug Treatment Services in Australia 2014-15 report are:

- Withdrawal management (detoxification)
- Counselling
- Rehabilitation (services and therapeutic activities which may include counselling, behavioural treatment approaches, recreational activities, social and community living skills, group work and relapse prevention)
- Pharmacotherapy (for example, maintenance therapies, such as methadone treatment, and those used as relapse prevention)
- Support and case management only (such as treatment provided through youth alcohol and drug outreach services)
- Information and education only
- Assessment only
- Other (such as nicotine replacement therapy or outdoor therapy).

Committee: *CA Leg. Committee*

Tabled Document

Inquiry: *2017-18 Budget Estimates*

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Witness:

Organisation: *DSS*