

Senate Community Affairs Committee

ANSWERS TO ESTIMATES QUESTIONS ON NOTICE

HEALTH PORTFOLIO

Additional Estimates 2016 - 2017, 1 March 2017

Ref No: SQ17-000233

OUTCOME: 2 - Health Access and Support Services

Topic: National Diabetes Strategy 2016-2020

Type of Question: Written Question on Notice

Senator: Griff, Stirling

Question:

Please provide a copy of the “stocktake” of existing national and state and territory diabetes related activities which has been undertaken by the implementation group.

a) In addition, please advise whether there are any existing federally funded programs to combat the rate of pre-diabetes – either through awareness raising or preventative programs targeting this cohort of people at risk.

Answer:

One of the objectives outlined in the of the Australian National Diabetes Strategy 2016-2020 Implementation Working Group’s (IWG) Terms of Reference is to compile a stocktake on national and state and territory existing diabetes related activities. The stocktake of activities was completed by the IWG in mid-2016 and was used to help inform priority actions in the draft Implementation Plan, which is currently being developed. The stocktake was prepared by Members of the IWG as a jurisdictional document and is not publicly available.

a) People with pre-diabetes have a higher risk of developing type 2 diabetes. The modifiable risk factors for developing pre-diabetes are the same as for type 2 diabetes. While genetics can play an important role in the occurrence of type 2 diabetes, many cases are preventable through weight reduction, physical activity and healthy eating.

Key preventive health programs/initiatives funded by the Australian Government include:

- The Sporting Schools Initiative;
- The Girls Make Your Move campaign;
- The Healthy Food Partnership;
- The Health Star Rating food labelling system;
- The Australian Dietary Guidelines;
- Australian’s Physical Activity and Sedentary Behaviour Guidelines;
- The Healthy Weight Guide; and
- AUSDRISK Diabetes Risk Assessment Tool.