

Doc 21/7/08

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

STAN Submission No. 958
(Inq into better support for carers)

FAMILY, COMMUNITY,
HOUSING & YOUTH

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

one hopes in so doing it will help to improve services and not be wasted for another talk fest.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

Exhausting 7x24hrs, social isolation, lack of appreciation of time involved and responsibility, emotional stress.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

The ongoing care, the future concerns/decisions to be made, fear of (confronting) aged care residential care, due to loss of independence, being in control, and the attitude of such places, people lose their identity, the lack of properly trained staff + a homely atmosphere.

Also the legal, medical + church groups who will oppose our choices of on going care - this government also = who keep people in poverty + social isolation.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

C.P. to discuss (Refer) support services eg: how to access a mental health, O.T. services, Physio services etc
maybe a Nurse Practitioner would improve the support - they are more practical & resourceful on the whole.
D's + Legal Professional never speak up for /w on behalf of their patients or clients.
Time to enjoy self interests/hobbies.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

True choices,
An Ombudsman to oversee all areas eg:
Federal + State Government Depto, to help prevent the
merry go round of taking no responsibility; attend /w
follow thro.

More information is attached on a separate sheet

Offer Carers assistance to be involved socially -
eg: attend Sandy Beach Centre on assisted fees to their programs
computer skills as a social support outlet.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Thank you,

NORMA
Signature

Print your name

NORMA

2nd July 08