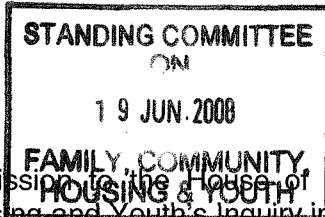


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Submission No. 284
(Inq into better support for carers)
A.O.C. 30/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I believe that some improvements can be made under the current system.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To look after my father to the best of my ability with the knowledge & support provided by Government & any other organisations.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

- ① Isolation
- ② Mental illness - Depression & Anxiety
- ③ few opportunities for finding work
- ④ financial loss
- ⑤

More information is attached on a separate sheet

PS: thank you for this opportunity.

3. The practical measures required to better support carers

As a carer, I need help with ...

At times, emergency respite - especially when I fall ill. - which is the case right now and my outlook is uncertain.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

① Providing more support in times of need especially when one cannot afford to place the love one in a nursing home.

② Increase the carer payment to a more adequate level as in many cases carers remain in that role for quite some time & in the long term are disadvantaged in the long term about their own future prospects.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Signature

ROBERT

Print your name

Date

16.6.08.