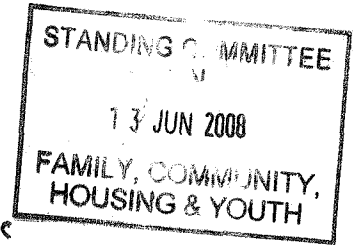


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600



A. o. c. 26/6/08

Submission No. 168

(Inq into better support for carers)

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am a carer for my husband who cannot carry anything very much. I am 83 and my husband is 81

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To look after my husband, as good as I can.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

When you get to be over 80 you are restricted to what you can do. You have to depend on other people a lot, which takes away your independence.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

I have had a few operations lately and it seems to be difficult to get help when you come home from hospital, as usually you can't do anything for 6 weeks.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

I think the Government could help a bit by putting up the family allowance. Medical costs are not cheap.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

NINA

Print your name

8.06.08

Date