

Submission No. 1269

(Inq into better support for carers)

MC
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Denise

Ms Annette Ellis MP
Committee Chair
Inquiry into Better Care for Our Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
Parliament House
CANBERRA ACT 2600

Dear Ms Ellis

As a Carer, I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Care for Our Carers.

As a carer, I provide the following support I care for my 87yr old mother, she has lived with my husband & our three children for 20yrs, in the past 18mths she has declined in health.

I face the following problems ...

My mum needs 24hr care, and to work and care for her are time consuming. When I do not have care support, I need to be on hand for her care myself.

I can't fully participate in social activities because ...

I cannot participate in many social activities as I have an obligation to care for her.

I am financially struggling because of ...

At the moment we are noticing the financial commitment

I need help with ... & care for all her needs, with the assistance of community health carers and the Parkside Foundation.

I would like to work (full-time or part-time) but have the following issues to deal with ...

I work full time.

I need assistance to ... help with my mother's needs as well as look after my family and go to work

I worry about my future because ... if any thing happened to my husband and I what would be in place for my mother and her care. ^{prematurely}

The things that cause me stress are ... her decline in health and her unexpected falls etc organising respite care whilst she is in the acute stage until she rehabilitates and coping with family as well as look after her, and work

I think the Government can better help Carers by ... continuing the support available by funding foundations like Parkside and by making the stress of looking after a loved one less traumatic because of these foundations as their support is excellent

Thank you for taking my views into consideration as part of the Committee's Enquiry. I look forward to reading the report and reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

Denise