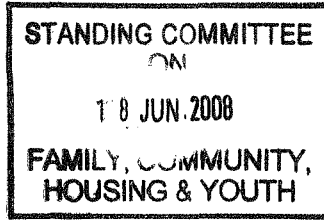


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Committee Secretary
Standing Committee on Family, Community, Housing and Youth
PO Box 6021
House of Representatives
Parliament House
CANBERRA ACT 2600
AUSTRALIA



[Insert date here]

15-6-08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is

Very demanding as I am not young anymore, I am the sole carer for my husband who has been needing care for 26 years and 24 hrs 7 days a week. I love my husband and want him home with me. I face the following problems ... me. I do everything for us.

Hours reduced for care for my husband and me. My husband has 4hrs a week (Outings. Company)

I have 4 hrs (shopping/Paying/Bills) (Company)

I have allergies and health issues too and I am tired

I need help with ...

"Harold Hawthorn care" My garden (1 1/2 hrs month) People who care (2 hrs with)

My husband's personal care and Daily transfers.

(My daughter helps me where she can, she has a family and also works. It is very hard for her also)

I think the Government can better help Carers by ...

Giving more funding to provide more hours for respite for Carers as this is our fulltime job. I am not able to drive and rely on my daughter and the City of Canning to get out.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

[Sign your name here] MARIH

[Type or clearly print your name here]

Inquiry into Better Support for Carers

House of Representatives Standing Committee on Family, Community, Housing and Youth