

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I feel it is necessary for the Carers to be heard and understood and recognized for the work

We put in daily, mentally, physically, emotionally.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

Important to my sister and father who I care for. I feel, that my role gives them and myself

The feeling of being loved and cared for in a personal and caring way that would not be

Given had I put them both into homes.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Lack of understanding in the social community.

Economically, my barriers have increased, because my income has decreased.

I find that we don't get the help financially and socially that we require to live a normal

Life.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Day to day chores. Cleaning especially, gardening, home maintenance. My carers role

Requires 24 hour attention to 2 people, one elderly, one with a disability. It would be greatly

Appreciated if day to day chores were provided weekly without having to ask for it.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Making information more clear. Advising them what benefits and what opportunities are

available to them. I find that unless I ask and do a lot of homework, it is almost impossible to

know what is available out there. Give us more information. Give us more help. Give us more understanding. Give us more

more understanding. Give us more Entitlements.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Flora

Date

3rd July, 2008