

Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

**Submission No. 1013**

(Inq into better support for carers)

Dear Secretary

AOC 28/7/08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I AM A CARER FOR MY HUSBAND WHO  
IS HIGH CARE .

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

TO PROVIDE THE BEST POSSIBLE CARE  
IE MEDICAL - PHYSICAL - EMOTIONAL - <sup>OUTSIDE</sup> STIMULATION -  
TRY TO KEEP THE CAREE AS INDEPENDANT  
AS POSSIBLE FOR AS LONG AS POSSIBLE .

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems...

CANT GO OUT WITHOUT PLANNING FOR RESPITE WELL IN  
NO7 ENOUGH HIGH CARE BEDS AVAILABLE <sup>ADVANCE</sup>  
FOR RESPITE IN OUR AREA ∴ ~~HIGHLY~~ UNABLE TO  
GO AWAY FOR A NIGHT - STAY OUT LATE AT NIGHT  
IE MOVIES / SHOW . NOT SUFFICIENT FUNDING FOR CONTINENCE  
AIDS \$470 P/A LASTS 4-6 MONTHS. \* CARER CANT FIND / RETAIN  
EMPLOYMENT IF THERE IS NO ONE TO CARE FOR CARER .

More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

MORE RESPIRE <sup>(RESIDENCES)</sup> AVAILABLE FOR SHORT & LONG TERM.  
INFORMATION MORE READILY AVAILABLE ON SERVICES  
MORE SUPPORT IN THE HOME

More information is attached on a separate sheet

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

PROVIDING INFORMATION ON WHAT IS AVAILABLE +  
(NOT JUST A PHONE NO) WHO PROVIDES WHAT SERVICES.  
PROVIDE MORE CARE IN THE HOME - IE RESPIRE  
PARTICULARLY AT NIGHT & WEEKENDS - SUBSIDISE VARIOUS ACTIVITIES  
PLACES OUTSIDE THE HOME FOR CAREE, IE DAY TRIPS.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

DAISY  
Date 2-7-08