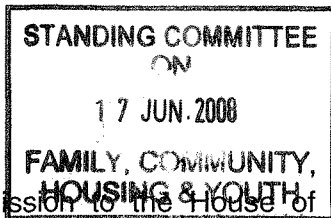


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 89  
(Inq into better support for carers)  
A.O.C. 23/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I'm a Carer I have ~~two~~<sup>three</sup> sons and one normal son one of my sons has been taken of me I leave him every weekend and it takes a lot out of me I'm a Single Mum.

+ upsets my 2 others sons  More information is attached on a separate sheet has there is his told about my 1st son

1. The role and contribution of carers in society by D.H.S.

As a carer, I feel that my role is...

Very Busy because I'm running around a lot and it takes a lot out of me my sons go to special school and I am diabetic and I suffer depression

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

There is not a enough places around for carers to have a break my normal son has taken a lot on but there is no support out there for him.

\* also tired of finding things out and getting punish by D.H.S.  More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

Sometimes with house work and there should be places where people like us can get loans so it can help us. I have a car that is 24 yrs old and it is on its way out.

Payment system to pay off for mechanics

More information is attached on a separate sheet

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

More support for us as I'm a single mother it is hard to get support as my children come first and there is no time for myself.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

Heather