

My role as a care is Residential family care.

Age care at home - High level package

Cairns Base Hospital Aged care service

My caring role affects my life by 24hrs a day care and affects me mentally and physically.

Because unexpected payment. for example: I like care my mum get quality life or Hygienic needs those kind of thing always had to spend money, when I got hard ship. I get my superannuation fund money to used for I find it difficult financially.

My experience is when I got approved for mum High level package, but I never got some one help me those High level care. make me very stressed my mentally and physically getting exhaust, I always phone call all Department help me, but nothing come up. until I am very sick. at last commonwealth care respite centres let me got a break, but come it up my mum got sore back from bed mattress and I contact westcourt community Health clinical Nurses help me change dressing from mum wound. finding mum died. I feel guilty about her sore, maybe my body exhaust and can't care her as well. all those thing remind me all the time, I can't forget, Now I confused myself and my body and my back pain all the time when my emotion not good. I feel more worse I can't face employment work, and some time I can't help myself about those happen on me. I don't know why?

I put on this experience because I hope if government has been approved should do support don't let behind or until the person died, affects care worry and stressed until they are body exhaust

physically and Mentally sick .

I always need physiotherapy and Massage clinic .

When my Emotion very sick, I need talk to

Coansellar (QLD carers)

Silva

2/7/08.