

AOC 17/7/08

Submission No. 910
(Inq into better support for carers)

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

FAMILY, COMMUNITY,
HOUSING & YOUTH

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

As a Full Time Carer For My Husband

who is suffering from m.s.

I find I am Tired, Exhausted & Socially Isolated

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To Look After my Husband & Keep

him at home for as long as possible

& Keeping our lives as Normal as possible

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Social Side: Isolation Economic Side:

Shortage of Qualified Carers The Inability to work

Insufficient funding for Respite Restricts Income

Financial Security

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

More Qualified Carers
More Respite Hours
and an opportunity To Earn an Income

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Allowing Carers More Respite Hours
so they can go out to work & mix with other people
and also be able to go out to lunch with my friends
which I can't do any more.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

S.

Signature

Sandra

Print your name

Sandra

Date

30th June 2008

Postal Address