

AOC 16/7/08

Submission No. 835

(Inq into better support for carers)

Committee Secretary
Standing Committee on family, Community, Housing & Youth
PO Box 6021
House of Representatives
Parliament House
Canberra ACT 2600
Australia
1st July 2008

Dear secretary,

I would like to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth Inquiry into Better Support for Carers.

As a carer I feel my role is mindless, unrecognized and unrelenting. I am very concerned as my son Jarred is now becoming larger and I'm having problems physically moving him around. I need to do this often as he places himself in danger very often.

My greatest need now is respite and after school help as I am a single working mother (I have 3 children) on top of being Jarred's primary carer. If I break down the entire family will fall apart.

I think there needs to be more respite houses, and professional carers that come to the home (so the child can stay in his own comfortable home) so we can escape the grind sometimes. It is a never ending, boring but necessary existence - but obviously I must help my son.

Thank you for looking at this letter and taking it into consideration as part of the Committees Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia

Yours sincerely



Kay – Mother of Jarred aged 15 years.