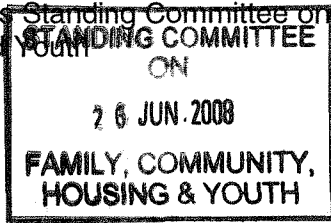


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

A.C.C. 7/7/08  
Submission No. 529  
(Inq into better support for carers)



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

Although my 98 year old Mother is in a Nursing Home the demands on me are still great. Her home is 12k away from my residence. I visit twice a week and have no around to her private affairs. Mother does not have a private income

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

Is to support my Mother the best way I can. as well as look after my 80 year old Husband who has had Parkinsons for 17 years. The ever rising costs of fuel, Gov charges. GST and the ever rising costs of living make it difficult

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Asthma, Osteoporosis. I am in the last months, have been given by my doctor anti depressant tablets, to enable me to cope with and dealing with everyday problems that come with caring for two people. Yes I do feel like running away from it all - I am tired.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Aids home care

I do get a carer allowance of \$100.00  
This allowance, allows me to buy material  
for quilts, it is my joy to be  
able to do this as it is a very expensive  
hobby. It is one time in the  
evening when I switch off.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Supply more funds to Hostel, Nursing  
Homes, People looking after their loved  
ones who have a big task (24 hrs)  
This will be my role very soon and I  
don't know how I will cope

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

JUNE

Date

24.6.08