

Submission No. 1239

(Inq into better support for carers)

20 Dec 19/11/08

MY CARER'S PAYMENT IS \$ 100-60 PER

FORTNIGHT.

MY HUSBAND RETIRED WITH P.T. STRESS

Committee Secretary

Standing Committee on Family, Community, Housing and Youth

PO Box 6021

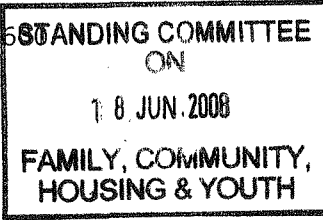
House of Representatives

Parliament House

CANBERRA ACT 2600

AUSTRALIA

AFTER A COMPLETE BREAKDOWN  
STILL UNDER PHYC



[Insert date here]

11-6-08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is ....

MOTHER-NOT WIFE. TO CONSOLE. TO PROTECT. TO BE THERE TO PICK UP THE PIECES. TO BE STRONG. TO FACE EACH DAY. EACH MONTH. EACH YEAR. TO GIVE OUR ALL.

I face the following problems ...

NOT EXPRESSING MYSELF- ALWAYS KEEPING THE PEACE. NEVER ROCKING THE BOAT. MAKING ALL DECISIONS ALONE. BEING THE PROTECTOR. P.T.S. IS DIBILITATING TO CARERS.

I need help with ... GOVERNMENT ALLOWANCES- RECOGNITION.

I CARE FOR MY HUSBAND WHO DID 33 YEARS POLICE SERVICE. WA. + WHOM RETIRED WITH P.T.S. THIS TAKES IT TOLL ON ALL FAMILY MEMBERS. IT IS VERY SCAREY- VERY DEBILITATING. SEEN BUT NOT DISCUSSED. SEEN BUT DISCARDED.

ARMY SERVICE

I think the Government can better help Carers by ... FACING FACTS. BEING HONEST.

YES THESE FACTS ALL EXIST. FROM WARS- FROM POLICE WORK FROM STRESS- FROM DRUGS ETC. WE CARERS NEED SUPPORT! WE SUFFER AS WELL AS THE SUFFERERS! YET WE ARE EXPECTED TO ALWAYS REMAIN STRONG. WE HAVE TO!

Thank you for taking my views into consideration as part of the Committee's Inquirv. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

[Sign your name here]

[Type or clearly print your name here] JOAN

**Inquiry into Better Support for Carers**

House of Representatives Standing Committee on Family, Community, Housing and Youth

AS IT IS OUR FAMILY MEMBER. WE LOYINGLY GIVE OUR SUPPORT AND LOYALTY. NO MATTER HOW HARD! WHERE IS GOVERNMENT LOYALTY TO THOSE WHOM HAVE GIVEN MANY YEARS OF THEIR LIVES TO W-A- AND AUSTRALIA