

Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth

Submission No. 70  
(Inq into better support for carers)

A.O.C. 16/6/08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

it was brought to my attention by Carer's Aust  
& I ~~that~~ am thankful for the opportunity to  
contribute

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

be there, for the person in care. Provide support  
medical, emotional, practical & administrative  
and activities for everyday living. To update  
and meet obligations for financial & legal  
matters over the long term and after in finalisation  
of funeral and tax.

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems ...

- After the person in care passes on the carer  
is "high & dry" trying to integrate into  
the workforce again
- Putting in place a 'plan' if the carer passes on by accident  
or death

More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

- ① introduction of practical helpful carer books to record practical & no accounts of medications & events (eg TIA's, hospitalization, hallucinations, changed behavior) bloods & urine, times fallen & unattended visits to doc, in short, being organised for barrage of questions
- ② returnable specialized equipment recyclable

More information is attached on a separate sheet

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

- Contributing to Superannuation & recognize work & therefore contribute to Super
- lending free of charge specialised equipment needed to move the person in care
- employing more trained Personal Carers with good English
- reducing the "number of persons in care / PCA ratio"

in aged care & Rehabilitation Places of hospitals

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

HELEN  
Print your name

13-06-08  
Date