

STANDING COMMITTEE  
ON

27 JUN 2008

FAMILY, COMMUNITY,  
HOUSING & YOUTH

Submission No. 501

(Inq into better support for carers)

A.O.C. 7/7/08

To Whom it Concerns

I am a carer for three people my wife  
husband a son, and a brother here in  
Canberra my ex and son live up at the  
Central coast, I travel between them  
every couple of weeks I travel back up  
to the central coast from Canberra I travel  
by coach... I can not price myself for  
to have a disability and Epilepsy the  
kind that a fall asleep anytime.  
I was put into a mental hospital in  
Wyong and godford I was treated a  
criminal I would have been better  
in prison. I have heard that is all

Change now thank-god, I was  
totally mental and psycly escape  
I was put away did not know who  
was happening to me put in front  
of a court and sentenced to me  
was like a death warrant. My trouble  
was I was mental abused by husbe  
and sen, mental is worse than pschd  
you have something to show.

I only get a carers allowance for my  
husband I do have a disability pass  
my self but I feel helpless, it is  
very to keep ~~travelling~~ back a forwards  
there are a lot of people worse of  
than me out there.

I have had to nasty falls in  
the last month, I have to go to a Falls

3/ Client to see if they can help me, I have had brain injuries myself so I get very confused and can't think alot, when you try and get help you have to wait a long-time I know that is not your fault, but when you have a mental illness it is hard that people don't understand how you feel we are not nasty people. just need a bit of understanding how you are treated. At the moment I can not travel back up to the Central coast, I am very frightened to go home I am treated as a stranger in my own home that is very frightening. The last time

I went to Gosford Hospital my son called the police I was through out the window my sewing machine and locked myself in the bedroom all I wanted was to be alone, the police broke in to the bedroom because I would not open the door I was called some other person name which was not mine, I was put into a paddy wagon by three bushy cops and put in side I had a black out I did not know what was happening to my son was there I said I can refuse treatment then I blacked out again I was assaulted in side the mental ward I did not like what was going on and how you were treated.

Most women are Carers

5/ from the young to the old  
I cared for my Mother when  
I was eleven years old until  
she died when I was seventeen  
we had no help then back in  
sixties. That was in England,  
I have always cared or what was looking  
after someone. I worked for some  
help which was the greatest job  
ever, and done personal care to.

A lot of carers have a  
very difficult job to care for yourself  
or other people. It is a physical  
and mental job you come to the  
time when you have a burn out  
And at the moment I don't know  
whether I am coming or going.

You are in such a state  
of mind as if you the cause of

✓ all the trouble.

I am enjoying myself at the moment with all the things that go on in Canberra what a great place to live I have lived here on and off for twenty Eight years. I am 59 years old I am in labor at the moment I go to Conventions people with mental health they do a great job they give you hope. The Belconnen office they need a couple of good people now for it is very hard to get in and out of the car they have got now all of the volunteers need lots of help they do a great job Belconnen Connections Volunteers do a great job they need more

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1/ funding like all the rest of the Volunteers Act.

Well all for now here this help with what the covers do I would love to see that Covers Act and the covers themselves get a lot more notice