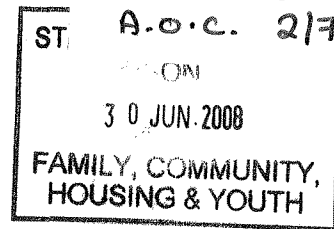


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 462  
(Inq into better support for carers)



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

*I am an ageing carer looking after my husband who has suffered a debilitating stroke. I am concerned that I need to be strong to keep him at home in my care.*

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

*to support my husband and keep him out of hostel/nursing home care as long as possible as well as to support others in my position*

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems ...

*- lack of finance to enable me to take much needed respite from time to time*  
*- Difficulties in continuing to meet friends and be an active member of society*  
*- Worry that finance in the future is going to be a major problem*

More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

- Finance
- Information to help me find the required help

More information is attached on a separate sheet

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

- being more available for talking
- being more financially supportive to those on pensions
- supporting the groups who support us  
eg Villa Maria, Stroke Association of Victoria

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

SUSAN

Print your name

26-6-08

Date