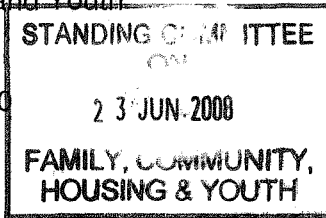


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 312  
(Inq into better support for carers)  
A.O.C. 30/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

Better standards come from the top.

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

Must have a lot of nursing staff etc  
in a "home"

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems ...

A carer has trouble mixing socially because  
of the physical restrictions. They then feel  
isolated and this leads to a very lonely  
& depressed life style. Everybody's health  
will suffer

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

MORE HANDICAPPED Toilets - These are essential !!!  
FLINDERS ST STATION (Melbourne's Main Station  
hasnt any toilets where carers can take their  
change.

Can the Melb. Council issue a map of handicap toilets  
or money be given to Carer Association to issue a map.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

More money for respite services  
Carers need "a break" from duties

Maybe a telephone helpline where a carer can  
just talk to someone when they are driven to frustration

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

16 - 6 - 2008 .

Date