



14TH JUNE 2008

A.O.C. 27/6/08

Submission No. 240

(Inq into better support for carers)

Secretary

Inquiry into Better Support for carers,
Standing Committee on Family, Community,
Housing & Youth.

Box 602/
House of Representatives
Parliament House
Canberra ACT 2600

Dear Secretary,

My role as carer is to look after my
wife who is 73 years of age.
She has cortic basal degeneration,
can not get up out of a chair or
walk without help. She has very
poor balance.

I contribute to society by being full
time carer for my wife.
I am 52 years of age and am
fortunate enough to have reasonable
health.

Because of my age I need to get up
at night to meet the calls of nature
and when my wifes calls are added
to my own I am getting up 4 or 5 times

per night.

I do all the cooking, shopping and all the house work and gardening.

I shower & dress my wife on the days that Wesley Mission don't do it.

We are allowed 6 hours per week of help and most of that is consumed by showering & dressing.

The practical measure that would support me most would be another one or two hours per week of help to allow me to have domestic cleaning done and possibly some ironing done.

Yours faithfully
Doug