

Submission No. 1261

(Inq into better support for carers) -

21/8/08 MC

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Waclav

Ms Annette Ellis MP
Committee Chair
Inquiry into Better Care for Our Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
Parliament House
CANBERRA ACT 2600

Dear Ms Ellis

As a Carer, I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Care for Our Carers.

As a carer, I provide the following support ... *for my wife, I need to be there 24 hours a day in a monitoring & care for all her needs role.*

I face the following problems ... *Because my wife needs someone to be with her full time I find it hard to have any personal time to pursue my own interests, and I can only go shopping when we have a carer to look after her.*

I can't fully participate in social activities because ... *my wife will not leave the house and due to her circumstances I can not have people to visit me.*

~~I am financially struggling because of...~~

I need help with ... *more time for myself off so I can attend my own appointments - doctor, dentist & visiting friends & family members.*

~~I would like to work (full-time or part-time) but have the following issues to deal with ...~~

I need assistance to ... *help cleaning the house.*

I worry about my future because ... *this situation can not continue, as I am 83 years old.*

The things that cause me stress are ... *the demanding needs of my wife which are constantly on going and with no flexibility.*

I think the Government can better help Carers by ... *providing more respite time allowed per year.*

Thank you for taking my views into consideration as part of the Committee's Enquiry. I look forward to reading the report and reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

Waclav