

Submission No. 117
(Inq into better support for carers)

A.O.C. 23/6/08

10 June 2008

Secretary
Inquiry into Better Support for Carers
Standing Committee on Family, Community, Housing and Youth
P O Box 6021
House of Representatives
Parliament House
Canberra ACT 2600

Dear Secretary,

I wish to make a submission to the House of Representatives Standing Committee on Family, Housing and Youth into Better Support for Carers.

My role as a carer is looking after my husband Sydney, you has practically lost the use of his legs. also balance, very poor sight, poor memory, hence I do more or less everything for him, including making sure he takes his many pills daily, remember all his appointments which are many plus having to do all things required to be done to care for the home.

My caring role affects my life because I cannot do things for me, my car trips are all for Sydney the one day a week he goes to Oz Care respite I have my hair done shop clean the house all very mundane things.

My carers allowance pays for window cleaners small jobs I am unable to do it is a great help but does not go far.

I married for better or worse and I am not complaining but a bit more help would be wonderful.

Thank you for taking my views into consideration as part of the committees Inquiry. I look forward to reviewing the recommendations you make in order to improve support for carers

My husband is 86 years I am 79 years old.

Yours sincerely

Dagmar