

Submission No. 1050

(Inq into better support for carers)

Committee Secretary
 Inquiry into Better Support for Carers
 House of Representatives Standing Committee on Family,
 Community, Housing and Youth
 PO Box 6021
 Parliament House
 CANBERRA ACT 2600

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I'm an "exhausted" Carer of
 more than 10 years and I
 believe that we must find
 innovating ways to assist better

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

more important, more cost
 effective, more beneficial,
 more compassionate that
 most people realise

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Not enough money, not
 enough time, not enough
 health, not enough
 positive energy,
 Not finding bilingual support Carer relief

More information is attached on a separate sheet

Turn over please

I believe many carers are of migrant origin - it is part of our culture to take care of our parents at home.

The lack of bilingual workers in Age Care is a serious problem, as Carers can't find respite workers

On the other hand, if parents cannot continue being full time carers to their children with disability, more "home away from home" need to be established for these children

3. The practical measures required to better support carers

As a carer, I need help with ...

- 1) Have others offer help -
voluntary or paid
- 2) Have nice trips etc, orga-
nised for carers
- 3) Have better financial payment

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

- 1) Recognising how much money is
saved by people being cared for in
their homes
- 2) Encourage Carers to have "out of
home" life, work, etc

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

DANIELA

Print your name

4/7/8

Date