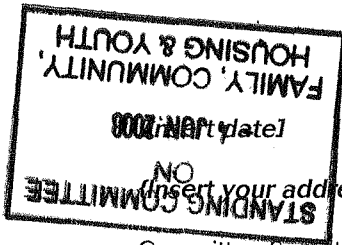


A.O.C. 5/6/08



Committee Secretary  
Standing Committee on Family, Community, Housing and Youth

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

**The Committee is seeking a better understanding of the situation for Carers in Australia. Use any or all of the following starting points to help you write your letter:**

I feel that my role is .... *great but very 7x24 a day every day care*  
I contribute to Australian society by ...  
I face the following problems ... *IM doing my best and no complains*  
I can't fully participate in social life because ... *I cant*  
I am financially struggling because of ... *short of money*  
I would like to work (full-time or part-time) but have the following issues to deal with ... *IMPENSIONER*  
I worry about my future because ... *We are both very old*  
The things that stress me the most about being a Carer are ... *Some times yes*

**Remember that it will help the Committee to understand your point if you can support it with examples from your own experience.**

**The Committee would also like to hear of any ideas, solutions or strategies that will support you in providing care. Use any or all of the following suggestions for getting started:**

I need help with *insert problem or issue here* and think that *insert ideal* would be the best solution for me.  
I need to have *insert a practical help or support here* and this would help me because it would enable me to ...  
I think the Government can better help Carers by ...

**Remember that it will help the Committee to understand your idea if you can support it with reasons that it will work or examples of things it will help you to achieve.**

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

[Sign your name here]

[Type or clearly print your name here]