

SUGGESTED ADVICE

Although not exclusive, the following advice might be made available to those contemplating blowing the whistle.

1. Talk the matter over with your family, and be most mindful of their views.
2. Try to solve the matter within the system; first informally, then formally: the system may well respond.
3. Keep a diary with careful chronology: keep documents in a place of safety. Be careful not to expose yourself as a threat to the organisation's agreed and affirmed policies.
4. Be on good terms with administrative staff: their later support and testimony may become crucial.
5. In diary keeping do not be self indulgent or sarcastic: it should be factual. The diary may appear in later enquiry or litigation.
6. Identify all relevant documents before blowing the whistle, and make photocopies: later access may be cut off.
7. Identify those who may be sympathetic: try to get to know others who have blown the whistle. Consider peer support.
8. Save whatever funds you have.
9. Check with a local whistleblowers society for a competent lawyer (free legal advice may be obtainable). Notwithstanding, find yourself an appropriate and sympathetic lawyer.