

Sample Submission

NOV 18/11/08

Submission No. 941

(Inq into better support for carers)

[Insert date]

[Insert your address]

[Insert your contact phone number]

Secretary

Inquiry into Better Support for Carers

Standing Committee on Family, Community, Housing and Youth

PO Box 6021

House of Representatives

Parliament House

CANBERRA ACT 2600

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

You might wish to use any or all of the following starting points in your submission:

My role as a carer is... Caring for my vision impaired husband who has terminal cancer, primary - prostate also bone cancer, he is 83yrs.
I contribute to society by... Putting my life on hold and ~~showing~~ giving my time & strength to the above.
I think this should be recognised by... Some constructive help from one of the departments

My caring role affects my life by... shutting me off from the people I used to mix with
I find it difficult financially because... I have to pay for so many extras. I am 76yrs and need medications that are not on the prescription list. And I need are...
The barriers I experience as a carer in finding and/or retaining employment are...

These so that I can retain some degree of health & mobility to do the tasks I need

① The practical measures that would better support me are...
This support would assist me to...

have the stamina needed to keep going

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing the recommendations you make in order to improve support for carers.

Yours sincerely

[Sign your name - if a hard copy]

MRS. JUNE

[Type or clearly print your name]

①. More than the 1hr a fortnight assist with housework (once every 3mths)
Someone occasionally to assist me to have teach where I can't ^{eg} clean tops of cupboard, windows, ceiling fans. These tasks cause me much agitation - because I can't do them!

②. I find the carers payment unfair, in as much some so called carers live their own lives easily, while others cannot, and all get the same small recompense. P.T.O.

I know of several carers, who go about their own business

One particular one has been claiming payment for her husband who drives HER everywhere - Bingo 3 times a week, spending her carers money, while the husband boasts, "she wouldn't even know what medication I'm on."

Then you have those doing total caring of spouses that are stroke victims and or dementia, who need as much help as possible.

When I need assistance with my dear one, I have to pay towards it, as do the ones just mentioned. The payments and other assistance is very uneven.

