

Submission No. 734  
(Inq into better support for carers)

Doc 14/7108

[Insert date]

27<sup>th</sup> June 2008

[Insert your address and contact phone number here]

Committee Secretary  
Standing Committee on Family, Community, Housing and Youth  
PO Box 6021  
House of Representatives  
Parliament House  
CANBERRA ACT 2600

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

**The Committee is seeking a better understanding of the situation for Carers in Australia. Use any or all of the following starting points to help you write your letter:**

I feel that my role is ... *To support my wife and care for her.*  
I contribute to Australian society by ... *I involved in church activities.*  
I face the following problems ... *I cannot leave her (meds on wheels).*  
I can't fully participate in social life because ... *alone because I must be with her constantly.*  
I am financially struggling because of ... *OK.*  
I would like to work (full-time or part-time) but have the following issues to deal with ...  
I worry about my future because ... *who will take care of her if I die.*  
The things that stress me the most about being a Carer are ... *constantly caring.*

**Remember that it will help the Committee to understand your point if you can support it with examples from your own experience.**

**The Committee would also like to hear of any ideas, solutions or strategies that will support you in providing care. Use any or all of the following suggestions for getting started:**

I need help with [insert problem or issue here] and think that [insert idea] would be the best solution for me. *TIME OFF*  
I need to have [insert a practical help or support here] and this would help me because it would enable me to ... *FINANCIAL HELP*  
I think the Government can better help Carers by ... *HAVE A HOLIDAY* ?

**Remember that it will help the Committee to understand your idea if you can support it with reasons that it will work or examples of things it will help you to achieve.**

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely *W M*

*W M*

[you must sign your name here]

**[Type or clearly print your name here]**

For more information on the Inquiry and making a submission go to  
[www.apf.gov.au/house/committee/fchy/carers/index.htm](http://www.apf.gov.au/house/committee/fchy/carers/index.htm)