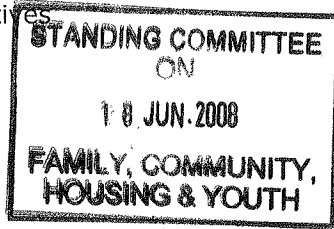


Committee Secretary
Standing Committee on Family, Community, Housing and Youth
PO Box 6021
House of Representatives
Parliament House
CANBERRA ACT 2600
AUSTRALIA

A.O.C. 27/6/08
Submission No. 222
(Inq into better support for carers)



[Insert date here]
16-June 2008

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is

my Roll is important as who would care for my adult daughter (age 28) and my adult son (25). Its tough doing 24 hour care with limited funds + carers around the clock. it just takes its toll. There's not enough respite or facilities so as a carer if I get sick I worry where my kids will end up
I face the following problems ...

Declining health as I get older. Depression as I'm always trying to find ways to manage my adult children. Better. Not enough time to myself just to recharge and have a bit of time to think and look after myself better

I need help with ... keeping my car on the road ^{Adult} ~~my~~ ^{children} ~~my children~~
also carers to help with looking after
There's not enough carers give them a better wage
so they stay to help us - more funding to cover costs of incontinents products, and equipment in the home - such as special beds - hoists. etc
Support - understanding, financial assistance
its a damn hard job - But its my beautiful family
I want to care and manage with love

I think the Government can better help Carers by ...

I worry about the future as with limited income you can't save for the future or for car repairs
infact if anything breaks down or you need a new fridge you just go without
The carers one off payement does help yearly
I wish that could be a yearly thing. Also the carer allowance one off for each child helps to please get them reinstated as it does help

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

[Sign your name here]

[Type or clearly print your name here]

Inquiry into Better Support for Carers

House of Representatives Standing Committee on Family,
Community, Housing and Youth

I'm sorry I have not written a letter properly
But my husband Robert passed away on the 12th of May 2008 after a very long illness
my 2 adult children have the same disease
We are all still grieving
I do hope my few words help
as we need a lot of help in the future