



Submission No. 1283

(Inq into better support for carers)

AOC 24/9/08

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is ...

caring for my elderly mother both physically and emotionally and it does interfere with family as it is unbearable to see your loved ones in such a mental state

I face the following problems ...

24 hour a day care not knowing what her next move is and having to be so alert to watch over her.

I need help with ...

Respite so I can cope with my families needs

I think the Government can better help Carers by ...

Helping with respite - Day care centres so the carers can have regular respite

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

Nouha