

Submission No. 1262

(Inq into better support for carers)

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Vicki

Ms Annette Ellis MP  
Committee Chair  
Inquiry into Better Care for Our Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
Parliament House  
CANBERRA ACT 2600

Dear Ms Ellis

As a Carer, I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Care for Our Carers.

As a carer, I provide the following support ... for 2 elderly sick people

I face the following problems ... Not enough respite for what I need to do for myself, hardly do anything with grand-children. No holidays.

I can't fully participate in social activities because ...

I am financially struggling because of ... only limited amount of money - pension.

I need help with ... gardening home duties, I can't go out at evenings as ponds can't be left alone.

I would like to work (full-time or part-time) but have the following issues to deal with ...

My work is full-time caring for 2 elderly sick people. So I can't work!

I need assistance to ... *Keep my head above water.*

I worry about my future because ... *I am alone as my life style does not allow for me to meet anyone or belong to a club etc.*

The things that cause me stress are ...

I think the Government can better help Carers by ... *giving more support extra hours etc. and by raising the F/N. Pension for carers & elderly people.*

Thank you for taking my views into consideration as part of the Committee's Enquiry. I look forward to reading the report and reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

*Vicki*