

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Submission No. 101
(Inq into better support for carers)
A.O.C. 23/6/08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am a widow carer with
a handicapped adult^{SON} and I
feel very vulnerable because of my
lack of "back up" help & advancing years

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To give ~~and~~ love and
support and care to my
son to the best of my
ability

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Being a carer is a full
time and expensive job.
I miss out on social inter-
action ~~because~~ in society because
of my responsibilities.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

~~To~~ As a single ageing parent, very limited back up in case of varied emergencies including my health

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Relievers to help if I should be incapacitated (in my situation) I have no one to help me and my son when I am unable, it is frightening

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

MARY

Print your name

Date

10th June 2008