

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth

Submission No. 52

(Inq into better support for carers)

A.O.C. 16/6/08

1 2 3 4 5 6 7 8 9 10

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am a full time carer to a 91 year old frail lady
and would appreciate better support for Carers.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

undervalued
financially disadvantaged on today's high inflation

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Social + economic isolation
lack of wellbeing

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

more respite / time out for myself.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

staying in touch & listening & where practicable
putting strategies in place to ease the BURDEN

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Amanda

Date

JUNE 2008