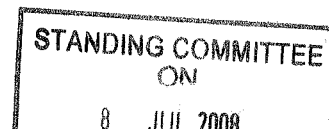


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600



Submission No. 1099  
(Inq into better support for carers)

Dear Secretary

AOC 28/7/08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I don't think carers get enough support.

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

To do everything 24 hrs a day.

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems ...

I cannot go out - because I have to be there 24 hrs a day

Control of my own life was taken away from me.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Transport - house cleaning - Personal care  
time to go shopping - I was told I could not  
get a car to go shopping I got my friend to take me.  
I was refused necessary respite -

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

More Money.  
More Respite  
Make the paper work easier so I can actually  
receive my entitlements Was unable to  
get respite to take papers to Centrelink

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Signature

Print your name

Date

M.  
25/6/08.